



# Youth19 Rangatahi Smart Survey QUESTIONNAIRE



THE UNIVERSITY OF  
**AUCKLAND**  
Te Whare Wānanga o Tāmaki Makaurau  
NEW ZEALAND



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**AUT**

## Introduction

Youth19 is the latest in the Youth2000 survey series. It builds on the large scale New Zealand adolescent health surveys conducted in 2001, 2007 & 2012 by the Adolescent Health Research Group at the University of Auckland. These were complemented by school climate surveys and surveys with young people in Alternative Education and Teen Parent Units.

Over 36000 adolescents have participated in a Youth2000 survey to date.

Youth19 is a collaboration involving four universities, funded via the Health Research Council of New Zealand and co-led by Associate Professor Terryann Clark (Principal Investigator, The University of Auckland) and Associate Professor Terry Fleming (Principal Investigator, Victoria University of Wellington).

The Youth19 questionnaire is based on previous Youth2000 questionnaires and local and international consultation and research. We are grateful to the Adolescent Health Research Group; the Youth19 investigators, research fellows and research assistants; and to our many youth, community, education and research advisors and collaborators.

The questionnaire is completed anonymously on internet tablets in English and Te Reo Māori. It uses a branching design so that participants are exposed only to questions that are relevant to them. Prior to the survey, information is provided to schools, families and students. On the day of the survey selected students are invited into the room. They are welcomed, the study and consent is outlined, they watch the information video, are invited to ask any questions and then may consent to do the survey or not.

During the survey students are invited to provide their home address into a standalone tablet. A code for their census mesh block is generated and linked to their survey data and then their address is deleted. At the end of the survey, students may opt into having info and resources sent to their phone or email.

Schools are invited to complete a brief school level survey about school policies and processes after students have completed the survey.

Details of the information and consent processes, methods & opportunities for collaboration can be found on our website. [www.youth19.ac.nz](http://www.youth19.ac.nz)

Terry Fleming & Terryann Clark

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# Table of Contents

## Introduction .....2

## Demographics .....11

|   |    |
|---|----|
| How old are you?  | 11 |
| Where were you born?  | 11 |
| How old were you, when you first came to New Zealand?   | 11 |
| Are you an international student? (i.e. came to New Zealand with a student visa to go to school?)   | 11 |
| Did you come to New Zealand as a refugee? (i.e. did you come through the Mangere Refugee Resettlement Centre or Family Reunification Criteria?) | 12 |
| When people move to a new country, it can take a while to feel settled in the new country. How settled do you feel in New Zealand?              | 12 |
| Most people feel that they belong in a particular country. Do you feel like you belong in New Zealand?  | 12 |
| Where was your mother born?   | 12 |
| Where was your father born?   | 12 |

## Ethnicity .....13

|   |    |
|---|----|
| Which ethnic group do you belong to? (You may choose as many as you need)   | 13 |
| What languages do your parents, or the people who act as your parents, usually speak? (You may choose as many as you need)                            | 13 |
| How many of your friends belong to the same ethnic group as you?  | 13 |
| How comfortable do you feel in Pākehā or New Zealand European social surroundings, events or gatherings?  | 13 |
| How comfortable do you feel in Māori social surroundings, events or gatherings? (e.g. whānau gatherings, hui, tangi etc.)                             | 14 |
| Now we would like to know about other people's reactions to your ethnicity. What ethnic group do other people usually think you are?                  | 14 |
| Māori   | 15 |
| Do you know your iwi (tribe or tribes)?   | 15 |
| What are your iwi? (You may choose as many as you need)   | 15 |
| Where have you learned about your Māori culture, such as language, songs, cultural practices or family ancestry? (You may choose as many as you need) | 15 |
| How well are you able to understand the spoken Māori language? By this we mean understand more than a few words or phrases.                           | 16 |
| How well are you able to speak the Māori language in day-to-day conversation? By this we mean more than a few words or phrases.                       | 16 |
| Now we are going to ask you about Te Ao Māori (things in the Māori world)   | 17 |
| Niuean  | 18 |
| Do you know the name of your mother or father's family village?   | 18 |
| Have you visited Niue since your arrival or birth in New Zealand?   | 18 |
| Do you know about your Niuean culture, such as language, songs, cultural practice or family history/ancestry?   | 18 |
| How do you know about your Niuean culture, such as language, songs, cultural practices or family ancestry?  | 19 |
| How comfortable do you feel in Niuean social surroundings, events or gatherings?  | 19 |
| How well are you able to understand spoken Niuean now? By this we mean more than a few words or phrases.  | 19 |
| How well are you personally able to speak Niuean in day-to-day conversation? By this we mean more than a few words or phrases.                        | 20 |
| Are you proud of being Niuean?  | 20 |
| Are Niuean values important to you?   | 20 |
| How important is it to you to be recognised as a Niuean?  | 20 |
| Tongan  | 21 |

|  |    |
|--|----|
| Do you know the name of your mother or father's family village?  | 21 |
| Have you visited Tonga since your arrival or birth in New Zealand?   | 21 |
| Do you know about your Tongan culture, such as language, songs, cultural practice or family history/ancestry?  | 21 |
| How do you know about your Tongan culture, such as language, songs, cultural practices or family ancestry?   | 22 |
| How comfortable do you feel in Tongan social surroundings, events or gatherings?   | 22 |
| How well are you able to understand spoken Tongan now? By this we mean more than a few words or phrases.   | 22 |
| How well are you personally able to speak Tongan in day-to-day conversation? By this we mean more than a few words or phrases.   | 23 |
| Are you proud of being Tongan?   | 23 |
| Are Tongan values important to you?  | 23 |
| How important is it to you to be recognised as a Tongan?   | 23 |
| Cook Islands Maori   | 24 |
| Do you know which Islands your mother or father are from?  | 24 |
| Have you visited the Cook Islands since your arrival or birth in New Zealand?  | 24 |
| Do you know about your Cook Island culture (know some songs, cultural practices, language or family ancestry)?   | 24 |
| How do you know about your Cook Islands culture? (You may choose as many as you need)  | 24 |
| How comfortable do you feel in Cook Islands social surroundings, events or gatherings?   | 25 |
| How well are you able to understand spoken Cook Islands Māori now? By this we mean more than a few words or phrases.   | 25 |
| How well are you personally able to speak Cook Islands Māori in day-to-day conversation? By this we mean more than a few words or phrases.                             | 25 |
| Are you proud of being a Cook Islander?  | 25 |
| Are Cook Islands cultural values important to you?   | 26 |
| How important is it to you to be recognised as a Cook Islander?  | 26 |
| Samoan   | 27 |
| Do you know the name of your mother or father's family village?  | 27 |
| Have you visited Samoa since your arrival or birth in New Zealand?   | 27 |
| Do you know about your Samoan culture, such as language, songs, cultural practice, family history/ancestry?  | 27 |
| How do you know about your Samoan culture? (You may choose as many as you need)  | 27 |
| How comfortable do you feel in Samoan social surroundings, events or gatherings?   | 28 |
| How well are you able to understand spoken Samoan now? By this we mean more than a few words or phrases.   | 28 |
| How well are you personally able to speak Samoan in day-to-day conversation? By this we mean more than a few words or phrases.   | 28 |
| Are you proud of being Samoan?   | 28 |
| Are Samoan values important to you?  | 29 |
| How important is it to you to be recognised as a Samoan?   | 29 |
| Indian   | 30 |
| Do you know where your family originates from (e.g. Village or province)?  | 30 |
| Have you visited the place where your family originates from since your arrival or birth in New Zealand?   | 30 |
| Which culture do you identify most with?   | 30 |
| Do you know about your Indian culture, such as language, songs, cultural practice or family history/ancestry?  | 30 |
| Would you like to know more about your Indian culture?   | 31 |
| Where did you learn about your Indian culture? (You may choose as many as you need)  | 31 |
| How comfortable do you feel in Indian social surroundings, events or gatherings?   | 31 |
| How well are you able to understand a spoken Indian language (Hindi, Gujarati, Marathi etc) now? By this we mean more than a few words or phrases.                     | 32 |
| How well are you personally able to speak Indian language (Hindi, Gujarati, Marathi etc) in day-to-day conversation? By this we mean more than a few words or phrases. | 32 |
| Are you proud of being Indian?   | 32 |
| Are Indian values important to you?  | 32 |

|   |    |
|---|----|
| How important is it to you to be recognised as being Indian?  | 33 |
| Chinese   | 34 |
| Do you know your ancestral village or province?   | 34 |
| Have you visited the place considered as your ancestral village/province or country since your arrival or birth in New Zealand?                                     | 34 |
| Which culture do you identify most with?  | 34 |
| Do you know about your Chinese culture, such as language, songs, cultural practice or family history/ancestry?  | 34 |
| Would you like to know more about your Chinese culture?   | 35 |
| Where did you learn about your Chinese culture? (You may choose as many as you need)  | 35 |
| How comfortable do you feel in Chinese social surroundings, events or gatherings?   | 35 |
| How well are you able to understand spoken Chinese dialect (Mandarin, Cantonese, etc.) now? By this we mean more than a few words or phrases.                       | 35 |
| How well are you personally able to speak Chinese dialect (Mandarin, Cantonese, etc.) in day-to-day conversation? By this we mean more than a few words or phrases. | 36 |
| Are you proud of being Chinese?   | 36 |
| Are Chinese values important to you?  | 36 |
| How important is it to you to be recognised as being Chinese?   | 36 |
| Other Ethnicities   | 37 |
| Do you know where your family originates from?  | 37 |
| Have you visited the place where your family originates from since your arrival or birth in New Zealand?  | 37 |
| Have you learnt about your family's culture, such as language, songs, cultural practice or family history/ancestry?   | 37 |
| How do you know about your family's culture? (You may choose as many as you need)   | 38 |
| How comfortable do you feel in your family's cultural social surroundings, events or gatherings?  | 38 |
| How well are you able to understand the spoken language of your family's culture? By this we mean more than a few words or phrases.                                 | 38 |
| How well are you personally able to speak the language of your family's culture in day-to-day conversation? By this we mean more than a few words or phrases.       | 39 |
| Are you proud of being a person from your family's culture?   | 39 |
| Are the values of your family's culture important to you?   | 39 |
| How important is it to you to be recognised as a person from your family's culture?   | 39 |

## Home .....40

|  |    |
|--|----|
| Who do you live with?  | 40 |
| Now we are going to ask you some questions about your whānau or family (e.g. parents, siblings, step-parent or other carer, aunty, grandparent etc).   | 40 |
| In the last 12 months, how many times have you moved homes?  | 41 |
| For some families, it is hard to find a house that they can afford, or that has enough space for everyone to have their own bed. In the last 12 months, have you had to sleep in any of the following because it was hard for your family to afford or get a home, or there was not enough space? (Do not include holidays or sleep-overs for fun). (You may choose as many as you need) | 41 |
| In the last 12 months, how often did you sleep in any of the following places because it was hard for your family to afford or get a home, or there was not enough space? This does not include holidays or sleep-overs for fun. (You may choose as many as you need)  | 42 |
| Has your family ever had to split up because of housing problems (e.g. part of the family live in one house and the rest of the family living somewhere else?)   | 42 |
| How many people, including you, usually live in the main or only place you live?   | 42 |
| How many bedrooms are there where you live?  | 43 |
| Do you feel safe at home, or the place you live?   | 43 |
| Does your family want to know who you are with and where you are?  | 43 |
| How much do you feel the following people care about you?  | 43 |
| Does your dad, or someone who acts as your dad, have a job?  | 43 |
| Does your mum, or someone who acts as your mum, have a job?  | 44 |
| Do your parents, or the people who act as your parents, ever worry about...  | 44 |

Have you ever been involved with Oranga Tamariki (OT) or Child, Youth and Family Services (CYFS)? E.g. someone was worried about your safety or protection. 44

Are you still currently involved in Oranga Tamariki? 44

If you could change one thing to make your home or family life better, what would it be? 44

## Gender and sexuality.....45

How do you describe yourself? 45

Are you (or might you be) transgender or gender-diverse? By this, we mean that your current gender is different from your gender at birth (e.g. trans, non-binary, Queen, fa'afafine, whakawahine, tangata ira tane, genderfluid or genderqueer). 45

Which of the following best describes you? (You may choose as many as you need) 45

What sex were you at birth, even if it is different today? 45

At about what age did you start to identify as transgender or gender-diverse (even if you did not know the word for it)? 46

Who have you 'come out' to, or told about being transgender or gender-diverse? (You may choose as many as you need) 46

In the last 12 months have you 46

Who are you attracted to? 46

Which of the following best describes your sexual orientation? (Mark one answer only) 47

About how old were you when you first 'came out', or told people about your sexuality? 47

Have you... (You may choose as many as you need) 47

## School and employment.....48

Do you go to: 48

When did you last go to school or leave school? 48

How do you feel about alternative education or your training course compared to your old school? 48

What is hard about not going to school, a course or having a job? (You may choose as many as you need) 49

Have you applied for a job in the past 12 months? 49

What are some of the reasons that you didn't get the job(s)? (You may choose as many as you need) 49

What would support you to have a good future? 49

What year are you at school? 50

Now we are going to ask you about your friendships (e.g. people about the same age as you) 50

Do you feel like you are part of your school, alternative education or course? 50

Do you feel that teachers/tutors care about you? 50

How often do the teachers/tutors treat students fairly? 51

Have you ever been treated unfairly (e.g. treated differently) by a teacher/tutor because of your ethnic group? 51

Do teachers/tutors expect you to do well with your studies? 51

How well do you do at school (how good are your school results)? 51

How important is it to your parents, or the people who act as your parents, that you go to school/course every day? 51

How important is it to you to be at school/course every day? 52

In the last 12 months, have you wagged or skipped school/course for a full day or more without an excuse? 52

What do you think will be the last year at secondary school for you? 52

What do you plan to do when you leave secondary school? 52

Do you feel safe in your school/course? 53

My school or course is supportive of: (You may choose as many as you need) 53

How many teachers at your school are supportive of students of diverse genders and sexualities? 53

How many students at your school are supportive of students of diverse sexualities and genders? 53

How comfortable do you feel with the following? 54

In the last 12 months how often have you been bullied in school/course? 54

What was the reason you were bullied? (You may choose as many as you need) 54

In the last month, how many times have you not gone to school/course because you were afraid someone might hurt, tease or bully you? 55

In the last 12 months how often have you bullied other students in your school/course? 55

## Health .....56

In general how would you say your health is? 56

Do you have any long-term health problems or conditions (lasting 6 months or more) (e.g. asthma, diabetes, depression)? 56

Does this health problem or condition cause you difficulty with, or stop you doing: (You may choose as many as you need) 56

Do you have any long-term disability (lasting 6 months or more) (e.g. sensory impaired hearing, visual impairment, in a wheelchair, learning difficulties)? 56

Does this disability cause you difficulty with, or stop you doing: (You may choose as many as you need) 57

Do you have any long-term pain (lasting 6 months or more) e.g. headaches, tummy pain, arms or leg pain? 57

How often do you get this pain? 57

On a scale of 1 to 5 how bad is the pain? 1 not too bad and 5 being really bad 57

Does pain cause you difficulty with, or stop you doing: (You may choose as many as you need) 57

How old were you when you got your first period? 58

Have you ever found it difficult to get sanitary items (such as pads or tampons) because of how much they cost? 58

Have you ever missed school or course work because: 58

Where do you usually go for health care? 59

When was the last time you went for health care (excluding looking online)? 59

Which of the following places have you used for health care in the last 12 months? (You may choose as many as you need) 59

In the last 12 months, did you get a chance to talk to a doctor or other health provider privately (meaning one on one, without your parents or other people in the room)? 59

In the last 12 months, did a doctor or other health provider tell you that what you talked about with them was confidential (meaning it would not be shared with anyone else)? 60

In the last 12 months, has there been any time when you wanted or needed to see a doctor or nurse (or other health care worker) about your health, but you weren't able to? 60

Here are some reasons people don't get health care even though they need to. Have any of these ever applied to you? (You may choose as many as you need) 60

In the last 12 months, have you had any difficulty getting help for any of the following? (You may choose as many as you need) 61

Have you ever been treated unfairly (e.g. treated differently, kept waiting) by a health professional (e.g. doctor, nurse, dentist etc.) because of your ethnicity or ethnic group? 61

## Emotional wellbeing.....62

Are you happy or satisfied with your life? 62

How do you usually feel? 62

Over the last two weeks... 62

During the past 12 months, was there ever a time where you felt sad, blue or depressed for two weeks or more in a row? 63

Over the last six months... 63

Have any of your friends died by suicide? 64

Have any members of your family died by suicide? 64

During the last 12 months have you deliberately hurt yourself or done anything you knew might harm you (but not kill you)? 64

During the last 12 months have you 64

Did this ever result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse? 64

If you were feeling bad or having a hard time, would you seek help or advice from: 65

In the last 12 months, have you gone to or used any of the following for help or advice about feeling bad or having a hard time? (You may choose as many as you need) 65

Here are some reasons people don't get help with being stressed, down or worried or having a hard time, even when they need to. Have any of these ever applied to you? (You may choose as many as you need) 66

In the last 12 months, have you had any difficulty getting help with feeling bad or having a hard time? 66

## **Injury and violence .....67**

|  |    |
|--|----|
| When driving or being driven in a car how often do you wear a seatbelt?  | 67 |
| During the last month, did you ride in a car driven by someone...  | 67 |
| Have you ever driven a car or other motor vehicle (e.g. motorbike) on a public road?   | 67 |
| Do you have a current driver's licence?  | 67 |
| During the last month, did you drive a car or other vehicle...   | 68 |
| In the last 12 months have adults in your home...  | 68 |
| During the last 12 months how many times have you been hit or physically harmed on purpose by a:   | 68 |
| In the last 12 months have you been in trouble with the police?  | 68 |
| Have you been treated unfairly (picked on, hassled, etc.) by the police because of your ethnic group?  | 69 |
| Do you feel safe in your neighbourhood?  | 69 |
| Do you have a pet?   | 69 |
| Do you think of this pet as a member of the family?  | 69 |
| Have you, or someone you know, ever threatened to hurt or actually hurt your pet or another animal on purpose?   | 69 |
| Have any of these people ever threatened your pet?   | 70 |
| Have any of these people ever hurt your pet?   | 70 |
| How many times has someone hurt your pet?  | 70 |
| Have you ever hurt your pet?   | 70 |
| How many times have you hurt your pet?   | 70 |
| Which of these people have hurt another animal on purpose? (Select all that apply)   | 71 |
| How many times has any of these people hurt another animal?  | 71 |
| Have you ever been touched in a sexual way or made to do sexual things that you didn't want to do? (including sexual abuse or rape)                        | 71 |
| Did you tell anyone when you had been touched in a sexual way or made to do sexual things that you didn't want to do? (You may choose as many as you need) | 71 |

## **Activities .....73**

|   |    |
|---|----|
| Is physical activity, sport or exercise an important part of your life?   | 73 |
| In the last 7 days, how many times have you done any exercise or activity that makes you sweat or breathe hard, or gets your heart rate up (such as soccer or rugby, running, swimming laps, fast bicycling etc.)?  | 73 |
| The last time you did this how long did you do this physical activity for?  | 73 |
| At this time how happy are you with your weight?  | 73 |
| During the last 7 days, how many times did all, or most, of your family living in your house eat a meal together?   | 74 |
| Does your family have rules around:   | 74 |
| Do you have access to a smartphone, laptop, tablet or iPad, Chromebook or desktop computer that you can use in your spare time?   | 74 |
| When you go to sleep at night, do you have a smartphone or other device that can go online within reach (close enough that you can reach it without getting out of bed?)  | 74 |
| About what time do you go to sleep on a school night?   | 74 |
| About what time do you wake up on a school day?   | 74 |
| Over the last 12 months have you worked for money or had a paid job? (You may choose as many as you need)   | 75 |
| Do you look after others at home, for example younger children or older family members?   | 75 |
| Do you ever stay home from school, start late, or come home early, so that you can look after others at home, for example, younger children or older family members?  | 75 |
| Do you do extra work around your home because someone is disabled or sick or can't do things?   | 75 |
| Some people find info about health issues, worries or life hassles online by searching, Googling or looking at links on their social media feed or that someone sent. Which of the following have you looked up or checked out online (by searching, Googling, reading on social media or clicking on a link)? (You may choose as many as you need) | 76 |



|  |    |
|--|----|
| Which of the following have you looked at or checked out for any of these issues? (You may choose as many as you need)   | 76 |
| When was the last time you searched, Googled, looked online or checked out links for info about any of these issues?   | 76 |
| If you've ever looked for info online for any of these topics, how helpful was it?   | 77 |
| Here are some reasons people don't find helpful information online even if they want to. Have any of these ever applied to you? (You may choose as many as you need) | 77 |
| How could websites or online tools be more useful for you if you were having a hard time?  | 77 |

## Sexual health.....78

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|--|----|
| Have you ever had sex? (by this we mean sexual intercourse). Only include sex that you wanted or consented to - this does not include sexual abuse or rape.  | 78 |
| Have you had sex in the last 3 months?   | 78 |
| Have you ever had sex with: (Only include sex that you wanted or consented to - this does not include sexual abuse or rape.) (You may choose as many as you need)  | 78 |
| How often do you, or your partner(s) use contraception (by this, we mean protection against pregnancy)?  | 78 |
| Thinking about the last time you had sex, what forms of contraception did you use to prevent pregnancy? (This is sex that you wanted or consented to, do not include sexual abuse or rape.) (You may choose as many as you need) | 79 |
| Have you ever been pregnant or got someone pregnant (including miscarriage, abortion or termination)?  | 79 |
| How often do you or your partner(s) use condoms to protect against sexually transmitted infections when having sex?  | 79 |
| Thinking of the last time you had sex, did you or your partner use condoms as protection against sexually transmitted infections?  | 79 |
| In general, is sex a positive and enjoyable experience for you?  | 80 |
| Have you ever had an experience of sexting, that is sending "nudes" or sexual pictures, or someone sending "nudes" and sexual pictures to you on a smartphone or online?   | 80 |
| Was sexting a positive or fun experience for you?  | 80 |
| How often do you look at porn? By porn we mean explicit images, video, or movies of a person or people having real sex or doing sexual things and you can see their genitals?  | 80 |
| Have you ever felt pressured to do things that you or someone else saw in porn?  | 80 |
| In general how confident do you feel about talking to a boyfriend/girlfriend or sexual partner about issues like:  | 81 |

## Addictive behaviours.....82

|   |    |
|---|----|
| We would now like to ask some questions about smoking cigarettes (not including e-cigarettes, vaping or marijuana). Have you ever smoked a whole cigarette?   | 82 |
| How often do you smoke cigarettes now?  | 82 |
| Have you ever vaped or used an e-cigarette?   | 82 |
| How often do you vape or use e-cigarettes now?  | 82 |
| When you first began vaping or using e-cigarettes did you smoke ordinary cigarettes (tobacco)?  | 83 |
| When you vape/use e-cigarettes do they contain nicotine?  | 83 |
| We would like to now ask some questions about alcohol. By this we mean beer, wine, spirits, pre-mixed drinks. Have you ever drunk alcohol (not counting a few sips)?  | 83 |
| During the past 4 weeks, about how often did you drink alcohol?   | 83 |
| How many alcoholic drinks do you usually have in one session - within about 4 hours? (Count one drink as one small glass of wine, one can or stubbie, one ready-made alcoholic drink, e.g. rum and Coke or one shot of spirits) | 84 |
| When you drink alcohol how do you usually get it? (You may choose as many as you need)  | 84 |
| In the past 4 weeks, how many times did you have 5 or more alcoholic drinks in one session - within 4 hours?  | 84 |
| During the past 12 months, when you drank alcohol, did you also use any these substances at the same time?  | 85 |
| In the last 12 months have you  | 85 |
| Now there are some questions about marijuana. You don't have to answer if you don't want to. Remember there is no way to identify you from your answers. Have you ever used or smoked marijuana?                                | 85 |
| In the last 4 weeks, about how often did you use marijuana?   | 85 |
| In the last 12 months have you  | 86 |
| Have you ever tried any other drugs such as P, huffing, synthetics?   | 86 |

|  |    |
|--|----|
| How many times have you used any of the following drugs?   | 86 |
| In the last 12 months have you   | 86 |
| Have you ever gambled or bet precious things or money on any of these activities? (You may choose as many as you need)         | 87 |
| Thinking about the activities in the previous questions, how much money would you usually spend each week on bets or gambling? | 87 |
| Do you worry about doing any of these things?  | 87 |
| Would you like to cut down or give up on any of these things?  | 88 |
| Have you ever tried to cut down or give up any of these things?  | 88 |

## **Community and beliefs.....89**

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|--|----|
| Which of the following groups, clubs or teams do you belong to? This could be at school or somewhere else. (You may choose as many as you need)  | 89 |
| Do you give your time to help others in your school or community (e.g. as a peer supporter at school, help out on the Marae or church, help coach a team or belong to a volunteer organisation)? | 89 |
| Now we are going to ask you some questions about adults you get support from outside your whānau/family (e.g. friend's parents, coaches, mentors, teachers, youth worker, kaiako etc.)           | 90 |
| Are you enrolled to vote in New Zealand elections?   | 90 |
| Are you enrolled to vote on the Māori roll or on the General roll?   | 90 |
| How did you enrol to vote?   | 91 |
| Do you plan to enrol to vote in New Zealand elections?   | 91 |
| Do you intend to enrol to vote on the Māori roll or on the General roll?   | 91 |
| Why have you decided not to enrol? (You may choose as many as you need)  | 91 |
| We would now like to ask some questions about your hopes for the future.   | 92 |
| Now we would like to ask some questions about your spiritual relationships to people, places and the environment.  | 92 |
| What faith or religion are you?  | 92 |
| How important to you are your spiritual beliefs or religious faith?  | 93 |
| What do you think are the biggest problems for young people today?   | 93 |
| What do you think should be changed to support young people in New Zealand better?   | 93 |

## **Info and thanks .....94**

## **Appendix A – Branching table.....95**

## **Appendix B – Country choices .....98**

## **Appendix D – Ethnicity choices .....101**

## **Appendix E – Iwi choices .....103**

# Info and consent video and form

## Branching design

This is a list of all questions, many of which were not asked to all students. The branching of questions is explained under the relevant questions and in Appendix A – Branching Table.

## Demographics

We would like to start by asking questions about you.

Intro1            **How old are you?**

|           |                |               |
|-----------|----------------|---------------|
| Responses | Under 12 years | 16            |
|           | 12             | 17            |
|           | 13             | 18            |
|           | 14             | 19            |
|           | 15             | Over 19 years |

Intro3            **Where were you born?**

Responses        See Appendix B – Country choices

Intro4            **How old were you, when you first came to New Zealand?**

Responses        Between 0 and 4 years old  
Between 5 and 9 years old  
Between 10 and 14 years old  
Between 15 and 20 years old

Branching        Show this question only if Intro3 is not "New Zealand"

Intro11           **Are you an international student? (i.e. came to New Zealand with a student visa to go to school?)**

Responses        Yes  
No  
I don't know

Branching        Show this question only if Intro3 is not "New Zealand"

Intro5 **Did you come to New Zealand as a refugee? (i.e. did you come through the Mangere Refugee Resettlement Centre or Family Reunification Criteria?)**

Responses  
Yes  
No  
I don't know

Branching Show this question only if Intro3 is not "New Zealand"

Intro9 **When people move to a new country, it can take a while to feel settled in the new country. How settled do you feel in New Zealand?**

Responses  
Very unsettled  
Unsettled  
Neither settled nor unsettled  
Settled  
Very settled

Branching Show this question only if Intro3 is not "New Zealand"

Intro10 **Most people feel that they belong in a particular country. Do you feel like you belong in New Zealand?**

Responses  
Yes  
No  
I don't know

Branching Show this question only if Intro3 is not "New Zealand"

Intro7 **Where was your mother born?**

Responses See Appendix B – Country choices

Intro8 **Where was your father born?**

Responses See Appendix B – Country choices

# Ethnicity

Now we are going to ask some questions about your ethnic group.

Ethn1 **Which ethnic group do you belong to? (You may choose as many as you need)**

Responses See Appendix D – Ethnicity choices

Ethn2 **What languages do your parents, or the people who act as your parents, usually speak? (You may choose as many as you need)**

Responses English  
Māori  
Samoan  
Tongan  
Fijian  
Niuean  
Cook Islands Māori  
Cantonese  
Mandarin  
Arabic  
Hindi  
Other

Ethn10 **How many of your friends belong to the same ethnic group as you?**

Responses Few or none of them  
About half of them  
All or most of them  
I don't know

Ethn8 **How comfortable do you feel in Pākehā or New Zealand European social surroundings, events or gatherings?**

Responses Very uncomfortable  
Uncomfortable  
Slightly uncomfortable  
Comfortable  
Very comfortable

Māori17

**How comfortable do you feel in Māori social surroundings, events or gatherings? (e.g. whānau gatherings, hui, tangi etc.)**

Responses

- Very uncomfortable
- Uncomfortable
- Slightly uncomfortable
- Comfortable
- Very comfortable

Ethn9

**Now we would like to know about other people's reactions to your ethnicity. What ethnic group do other people usually think you are?**

Responses

- |                                |                 |
|--------------------------------|-----------------|
| New Zealand European or Pākehā | Southeast Asian |
| Māori                          | Chinese         |
| Samoan                         | Indian          |
| Cook Islands Maori             | Other Asian     |
| Tongan                         | Middle Eastern  |
| Niuean                         | Latin American  |
| Tokelauan                      | African         |
| Fijian                         | Other European  |
| Other Pacific Peoples          | Other Ethnicity |

Youth19

## Māori

You have selected Māori as one of your ethnic groups. We are now going to ask some questions about this ethnic group and culture. If you have more than one ethnicity, you may be asked about two groups.

|           |   |
|-----------|---|
| Māori1    | <b>Do you know your iwi (tribe or tribes)?</b>  |
| Responses | Yes<br>No<br>I'm not sure   |
| Branching | Show this question if Ethn1 is "Māori"  |
| Māori20   | <b>What are your iwi? (You may choose as many as you need)</b>  |
| Responses | See Appendix E – Iwi choices  |
| Branching | Show this question if Ethn1 is "Māori" AND Māori1 is "Yes"  |
| Māori14   | <b>Where have you learned about your Māori culture, such as language, songs, cultural practices or family ancestry? (You may choose as many as you need)</b>  |
| Responses | I have not learned about my Māori culture<br>Parents<br>Grandparents<br>Other relatives<br>Marae for wananga, hui, tangi<br>Attending cultural events like kapa haka, waka ama, Matariki, Coronation, Iwi/hapu meetings<br>Kohanga reo, pre-school, day care<br>Primary school, kura<br>Secondary school, kura tuarua, wharekura<br>Te reo group<br>Work or employment<br>As part of a community sports group like waka ama or rugby<br>As part of a church/religion<br>Other |
| Branching | Show this question if Ethn1 is "Māori"  |

Māori18

**How well are you able to understand the spoken Māori language?  
By this we mean understand more than a few words or phrases.**

Responses

Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching

Show this question if Ethn1 is "Māori"

Māori19

**How well are you able to speak the Māori language in day-to-day  
conversation? By this we mean more than a few words or phrases.**

Responses

Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching

Show this question if Ethn1 is "Māori"

Youth19



## Now we are going to ask you about Te Ao Māori (things in the Māori world)

I feel comfortable in Māori social surroundings, events or gatherings (e.g. hui, sports etc.)

I feel comfortable in formal Māori social surroundings, events or gatherings (e.g. tangi, speechmaking or whaikorero, etc.)

When I hear, understand, learn or speak te reo Māori, it gives me a sense of belonging

It is important to me that others respect and value our status as tangata whenua

When I participate in activities like kapa haka, waka ama, sports, wananga and other activities with Māori friends and whānau, I feel a sense of pride

I am proud to be Māori

Māori values are important to me (things like generosity, kindness, being a good host, manaakitanga, tika, pono and aroha)

I believe it is important to be kaitiaki to protect our environment for future generations (e.g. keep our sea clean so we can swim and safely collect seafood to eat in the future)

I have a strong spiritual connection and sense of belonging to certain or places (e.g. mountain, river, sea etc.)

I often feel the presence of my tīpuna or tūpuna (my ancestors and my whānau who have died)

### Responses

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

I don't understand

Youth19

## Niuean

You have selected Niuean as one of your ethnic groups. We are now going to ask some questions about this ethnic group and culture. If you have more than one ethnicity you may be asked about two groups.

Niue1            **Do you know the name of your mother or father's family village?**

Responses        Yes  
                      No  
                      I'm not sure

Branching        Show this question if Ethn1 is "Niuean"

Niue2            **Have you visited Niue since your arrival or birth in New Zealand?**

Responses        Yes  
                      No  
                      I'm not sure

Branching        Show this question if Ethn1 is "Niuean"

Niue3            **Do you know about your Niuean culture, such as language, songs, cultural practice or family history/ancestry?**

Responses        Yes  
                      No

Branching        Show this question if Ethn1 is "Niuean"

Niue11 **How do you know about your Niuean culture, such as language, songs, cultural practices or family ancestry?**

Responses

- Parents
- Grandparents
- Other relatives
- A village
- A language group
- At church
- At pre-school
- At primary school
- At secondary school
- At work
- As part of a community or sports group
- Attending cultural events
- Other

Branching Show this question if Ethn1 is "Niuean"

Niue12 **How comfortable do you feel in Niuean social surroundings, events or gatherings?**

Responses

- Very uncomfortable
- Uncomfortable
- Slightly uncomfortable
- Comfortable
- Very comfortable

Branching Show this question if Ethn1 is "Niuean"

Niue6 **How well are you able to understand spoken Niuean now? By this we mean more than a few words or phrases.**

Responses

- Very well
- Well
- Fairly well
- Not very well
- No more than a few words or phrases

Branching Show this question if Ethn1 is "Niuean"

Niue7 **How well are you personally able to speak Niuean in day-to-day conversation? By this we mean more than a few words or phrases.**

Responses  
Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching Show this question if Ethn1 is "Niuean"

Niue8 **Are you proud of being Niuean?**

Responses  
I'm not at all proud  
I'm somewhat proud  
I'm very proud

Branching Show this question if Ethn1 is "Niuean"

Niue9 **Are Niuean values important to you?**

Responses  
Not at all important  
Not important  
Somewhat important  
Important  
Very important

Branching Show this question if Ethn1 is "Niuean"

Niue10 **How important is it to you to be recognised as a Niuean?**

Responses  
Not at all important  
Not important  
Somewhat important  
Important  
Very important

Branching Show this question if Ethn1 is "Niuean"

## Tongan

You have selected Tongan as one of your ethnic groups. We are now going to ask some questions about this ethnic group and culture. If you have more than one ethnicity you may be asked about two groups.

Tonga1      **Do you know the name of your mother or father's family village?**

Responses      Yes  
                     No  
                     I'm not sure

Branching      Show this question if Ethn1 is "Tongan"

Tonga2      **Have you visited Tonga since your arrival or birth in New Zealand?**

Responses      Yes  
                     No  
                     I'm not sure

Branching      Show this question if Ethn1 is "Tongan"

Tonga3      **Do you know about your Tongan culture, such as language, songs, cultural practice or family history/ancestry?**

Responses      Yes  
                     No

Branching      Show this question if Ethn1 is "Tongan"

Tonga11 **How do you know about your Tongan culture, such as language, songs, cultural practices or family ancestry?**

Responses

- Parents
- Grandparents
- Other relatives
- A village
- A language group
- At church
- At pre-school
- At primary school
- At secondary school
- At work
- As part of a community or sports group
- Attending cultural events
- Other

Branching Show this question if Ethn1 is "Tongan"

Tonga5 **How comfortable do you feel in Tongan social surroundings, events or gatherings?**

Responses

- Very uncomfortable
- Uncomfortable
- Slightly uncomfortable
- Comfortable
- Very comfortable

Tonga6 **How well are you able to understand spoken Tongan now? By this we mean more than a few words or phrases.**

Responses

- Very well
- Well
- Fairly well
- Not very well
- No more than a few words or phrases

Branching Show this question if Ethn1 is "Tongan"

Tonga7 **How well are you personally able to speak Tongan in day-to-day conversation? By this we mean more than a few words or phrases.**

Responses  
Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching Show this question if Ethn1 is "Tongan"

Tonga8 **Are you proud of being Tongan?**

Responses  
I'm not at all proud  
I'm somewhat proud  
I'm very proud

Branching Show this question if Ethn1 is "Tongan"

Tonga9 **Are Tongan values important to you?**

Responses  
Not at all important  
Not important  
Somewhat important  
Important  
Very important

Branching Show this question if Ethn1 is "Tongan"

Tonga10 **How important is it to you to be recognised as a Tongan?**

Responses  
Not at all important  
Not important  
Somewhat important  
Important  
Very important

Branching Show this question if Ethn1 is "Tongan"

## Cook Islands Maori

You have selected Cook Islands Maori as one of your ethnic groups. We are now going to ask some questions about this ethnic group and culture. If you have more than one ethnicity you may be asked about two groups.

Cook1 **Do you know which Islands your mother or father are from?**

Responses  
Yes  
No  
I'm not sure

Cook2 **Have you visited the Cook Islands since your arrival or birth in New Zealand?**

Responses  
Yes  
No  
I'm not sure

Branching Show this question if Ethn1 is "Cook Islands Māori"

Cook3 **Do you know about your Cook Island culture (know some songs, cultural practices, language or family ancestry)?**

Responses  
Yes  
No

Branching Show this question if Ethn1 is "Cook Islands Māori"

Cook11 **How do you know about your Cook Islands culture? (You may choose as many as you need)**

Responses

|                  |  |
|------------------|--|
| Parents          | At primary school                      |
| Grandparents     | At secondary school                    |
| Other relatives  | At work                                |
| A village        | As part of a community or sports group |
| A language group | Attending cultural events              |
| At church        | Other                                  |
| At pre-school    |  |

Branching Show this question if Ethn1 is "Cook Islands Māori"



Cook5 **How comfortable do you feel in Cook Islands social surroundings, events or gatherings?**

Responses  
Very uncomfortable  
Uncomfortable  
Slightly uncomfortable  
Comfortable  
Very comfortable

Branching Show this question if Ethn1 is "Cook Islands Māori"

Cook6 **How well are you able to understand spoken Cook Islands Māori now? By this we mean more than a few words or phrases.**

Responses  
Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching Show this question if Ethn1 is "Cook Islands Māori"

Cook7 **How well are you personally able to speak Cook Islands Māori in day-to-day conversation? By this we mean more than a few words or phrases.**

Responses  
Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching Show this question if Ethn1 is "Cook Islands Māori"

Cook8 **Are you proud of being a Cook Islander?**

Responses  
I'm not at all proud  
I'm somewhat proud  
I'm very proud

Branching Show this question if Ethn1 is "Cook Islands Māori"

Cook9

**Are Cook Islands cultural values important to you?**

Responses

- Not at all important
- Not important
- Somewhat important
- Important
- Very important

Branching

Show this question if Ethn1 is "Cook Islands Māori"

Cook10

**How important is it to you to be recognised as a Cook Islander?**

Responses

- Not at all important
- Not important
- Somewhat important
- Important
- Very important

Branching

Show this question if Ethn1 is "Cook Islands Māori"

Youth19

## Samoa

You have selected Samoan as one of your ethnic groups. We are now going to ask some questions about this ethnic group and culture. If you have more than one ethnicity you may be asked about two groups.

Samoa1 **Do you know the name of your mother or father's family village?**

Responses  
Yes  
No  
I'm not sure

Branching Show this question if Ethn1 is "Samoa"

Samoa2 **Have you visited Samoa since your arrival or birth in New Zealand?**

Responses  
Yes  
No  
I'm not sure

Branching Show this question if Ethn1 is "Samoa"

Samoa3 **Do you know about your Samoan culture, such as language, songs, cultural practice, family history/ancestry?**

Responses  
Yes  
No

Branching Show this question if Ethn1 is "Samoa"

Samoa11 **How do you know about your Samoan culture? (You may choose as many as you need)**

Responses

|                  |  |
|------------------|--|
| Parents          | At primary school                      |
| Grandparents     | At secondary school                    |
| Other relatives  | At work                                |
| A village        | As part of a community or sports group |
| A language group | Attending cultural events              |
| At church        | Other                                  |
| At pre-school    |  |

Branching Show this question if Ethn1 is "Samoa"

Samoa5 **How comfortable do you feel in Samoan social surroundings, events or gatherings?**

Responses  
Very uncomfortable  
Uncomfortable  
Slightly uncomfortable  
Comfortable  
Very comfortable

Branching Show this question if Ethn1 is "Samoa"

Samoa6 **How well are you able to understand spoken Samoan now? By this we mean more than a few words or phrases.**

Responses  
Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching Show this question if Ethn1 is "Samoa"

Samoa7 **How well are you personally able to speak Samoan in day-to-day conversation? By this we mean more than a few words or phrases.**

Responses  
Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching Show this question if Ethn1 is "Samoa"

Samoa8 **Are you proud of being Samoan?**

Responses  
I'm not at all proud  
I'm somewhat proud  
I'm very proud

Branching Show this question if Ethn1 is "Samoa"

Samoa9

**Are Samoan values important to you?**

Responses

- Not at all important
- Not important
- Somewhat important
- Important
- Very important

Branching

Show this question if Ethn1 is "Samoa"

Samoa10

**How important is it to you to be recognised as a Samoan?**

Responses

- Not at all important
- Not important
- Somewhat important
- Important
- Very important

Branching

Show this question if Ethn1 is "Samoa"

Youth19

## Indian

You have selected Indian as one of your ethnic groups. We are now going to ask some questions about this ethnic group and culture. If you have more than one ethnicity you may get asked about two groups.

|           |  |
|-----------|--|
| Indian1   | <b>Do you know where your family originates from (e.g. Village or province)?</b>                                     |
| Responses | Yes<br>No<br>I'm not sure  |
| Branching | Show this question if Ethn1 is "Indian"  |
| Indian2   | <b>Have you visited the place where your family originates from since your arrival or birth in New Zealand?</b>      |
| Responses | Yes<br>No<br>I'm not sure  |
| Branching | Show this question if Ethn1 is "Indian"  |
| Indian11  | <b>Which culture do you identify most with?</b>  |
| Responses | Indian culture<br>Kiwi culture<br>Both<br>Neither  |
| Branching | Show this question if Ethn1 is "Indian"  |
| Indian3   | <b>Do you know about your Indian culture, such as language, songs, cultural practice or family history/ancestry?</b> |
| Responses | Yes<br>No  |
| Branching | Show this question if Ethn1 is "Indian"  |

Indian12 **Would you like to know more about your Indian culture?**

Responses Yes  
No

Branching Show this question if Ethn1 is "Indian" AND Indian3 is "Yes"

Indian13 **Where did you learn about your Indian culture? (You may choose as many as you need)**

Responses Parents  
Grandparents  
Other relatives  
A language group  
At a religious setting (e.g. temple, mosque or church)  
At pre-school  
At primary school  
At secondary school  
At work  
As part of a community or sports group  
Community organisation (e.g. Indian associations)  
By attending cultural events (e.g. Diwali, Onam, Holi)  
Other

Branching Show this question if Ethn1 is "Indian" AND Indian3 is "Yes"

Indian5 **How comfortable do you feel in Indian social surroundings, events or gatherings?**

Responses Very uncomfortable  
Uncomfortable  
Slightly uncomfortable  
Comfortable  
Very comfortable

Branching Show this question if Ethn1 is "Indian"

Indian6 **How well are you able to understand a spoken Indian language (Hindi, Gujarati, Marathi etc) now? By this we mean more than a few words or phrases.**

Responses  
Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching Show this question if Ethn1 is "Indian"

Indian7 **How well are you personally able to speak Indian language (Hindi, Gujarati, Marathi etc) in day-to-day conversation? By this we mean more than a few words or phrases.**

Responses  
Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching Show this question if Ethn1 is "Indian"

Indian8 **Are you proud of being Indian?**

Responses  
I'm very proud  
I'm somewhat proud  
I'm not at all proud

Branching Show this question if Ethn1 is "Indian"

Indian9 **Are Indian values important to you?**

Responses  
Not at all important  
Not important  
Somewhat important  
Important  
Very important

Branching Show this question if Ethn1 is "Indian"



Indian10

**How important is it to you to be recognised as being Indian?**

Responses

Not at all important

Not important

Somewhat important

Important

Very important

Branching

Show this question if Ethn1 is "Indian"

Youth19

## Chinese

You have selected Chinese as one of your ethnic groups. We are now going to ask some questions about this ethnic group and culture. If you have more than one ethnicity you may be asked about two groups.

Chinese1 **Do you know your ancestral village or province?**

Responses  
Yes  
No  
I'm not sure

Branching Show this question if Ethn1 is "Chinese"

Chinese2 **Have you visited the place considered as your ancestral village/province or country since your arrival or birth in New Zealand?**

Responses  
Yes  
No  
I'm not sure

Branching Show this question if Ethn1 is "Chinese"

Chinese11 **Which culture do you identify most with?**

Responses  
Chinese culture  
Kiwi culture  
Both  
Neither

Branching Show this question if Ethn1 is "Chinese"

Chinese3 **Do you know about your Chinese culture, such as language, songs, cultural practice or family history/ancestry?**

Responses  
Yes  
No

Branching Show this question if Ethn1 is "Chinese"

Chinese12 **Would you like to know more about your Chinese culture?**

Responses Yes  
No

Branching Show this question if Ethn1 is "Chinese" AND Chinese3 is "Yes"

Chinese13 **Where did you learn about your Chinese culture? (You may choose as many as you need)**

Responses Parents At primary school  
Grandparents At secondary school  
Other relatives At work  
A village As part of a community or sports group  
A language group Community organisation (e.g. Chinese associations)  
At church, temple or other religious places By attending cultural events (e.g. Chinese New Year, Lantern festival, Moon festival, Ancestor worship ceremony)  
At pre-school Other

Branching Show this question if Ethn1 is "Chinese" AND Chinese3 is "Yes"

Chinese5 **How comfortable do you feel in Chinese social surroundings, events or gatherings?**

Responses Very uncomfortable  
Uncomfortable  
Slightly uncomfortable  
Comfortable  
Very comfortable

Branching Show this question if Ethn1 is "Chinese"

Chinese6 **How well are you able to understand spoken Chinese dialect (Mandarin, Cantonese, etc.) now? By this we mean more than a few words or phrases.**

Responses Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching Show this question if Ethn1 is "Chinese"

Chinese7 **How well are you personally able to speak Chinese dialect (Mandarin, Cantonese, etc.) in day-to-day conversation? By this we mean more than a few words or phrases.**

Responses  
Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching Show this question if Ethn1 is "Chinese"

Chinese8 **Are you proud of being Chinese?**

Responses  
I'm very proud  
I'm somewhat proud  
I'm not at all proud

Branching Show this question if Ethn1 is "Chinese"

Chinese9 **Are Chinese values important to you?**

Responses  
Not at all important  
Not important  
Somewhat important  
Important  
Very important

Branching Show this question if Ethn1 is "Chinese"

Chinese10 **How important is it to you to be recognised as being Chinese?**

Responses  
Not at all important  
Not important  
Somewhat important  
Important  
Very important

Branching Show this question if Ethn1 is "Chinese"

## Other Ethnicities

You have selected [option displayed] as one of your ethnic groups. We are now going to ask some questions about this ethnic group and culture. If you have more than one ethnicity you may be asked about two groups.

Other1 **Do you know where your family originates from?**

Responses  
Yes  
No  
I'm not sure

Branching Show this question if Ethn1 is "Other"

Other2 **Have you visited the place where your family originates from since your arrival or birth in New Zealand?**

Responses  
Yes  
No  
I'm not sure

Branching Show this question if Ethn1 is "Other"

Other3 **Have you learnt about your family's culture, such as language, songs, cultural practice or family history/ancestry?**

Responses  
Yes  
No

Branching Show this question if Ethn1 is "Other"

Other11 **How do you know about your family's culture? (You may choose as many as you need)**

Responses

- Parents
- Grandparents
- Other relatives
- A village
- A language group
- At church
- At pre-school
- At primary school
- At secondary school
- At work
- As part of a community or sports group
- Attending cultural events
- Other

Branching Show this question if Ethn1 is "Other" AND Other3 is "Yes"

Other5 **How comfortable do you feel in your family's cultural social surroundings, events or gatherings?**

Responses

- Very uncomfortable
- Uncomfortable
- Slightly uncomfortable
- Comfortable
- Very comfortable

Branching Show this question if Ethn1 is "Other"

Other6 **How well are you able to understand the spoken language of your family's culture? By this we mean more than a few words or phrases.**

Responses

- Very well
- Well
- Fairly well
- Not very well
- No more than a few words or phrases

Branching Show this question if Ethn1 is "Other"

Other7

**How well are you personally able to speak the language of your family's culture in day-to-day conversation? By this we mean more than a few words or phrases.**

Responses

Very well  
Well  
Fairly well  
Not very well  
No more than a few words or phrases

Branching

Show this question if Ethn1 is "Other"

Other8

**Are you proud of being a person from your family's culture?**

Responses

I'm very proud  
I'm somewhat proud  
I'm not at all proud

Branching

Show this question if Ethn1 is "Other"

Other9

**Are the values of your family's culture important to you?**

Responses

Not at all important  
Not important  
Somewhat important  
Important  
Very important

Branching

Show this question if Ethn1 is "Other"

Other10

**How important is it to you to be recognised as a person from your family's culture?**

Responses

Not at all important  
Not important  
Somewhat important  
Important  
Very important

Branching

Show this question if Ethn1 is "Other"

# Home

We would now like to ask you some questions about your home, family/whānau and friends. By family/whānau we mean family members who you are close with and who are an important part of your life. For some people this is mainly parents, and brothers or sisters, while for other sit includes aunts, uncles, cousins, and grandparents.

Home46

## Who do you live with?

Responses

- With my two parents together
- With one parent or mainly with one of my parents
- I move between my parents
- I live with other family members (not my parents)
- I board/flat/live with people who are not my own family
- I live at boarding school or in a boarding hostel
- I live by myself
- With my parent and my step-parent

Home48

## Now we are going to ask you some questions about your whānau or family (e.g. parents, siblings, step-parent or other carer, aunty, grandparent etc).

**WHAKAWHANAUNGATANGA QUESTIONS, please do not reproduce without permission from Terryann Clark.**

- There is someone in my family/whānau who I can trust to share my feelings with
- There is someone in my family/whānau who I can talk with about things that are worrying me
- There is someone in my family/whānau who respects what is important to me
- There is someone in my family/whānau who accepts me for who I am
- There is someone in my family/whānau who I have a close bond with
- There is someone in my family/whānau who will stick up for me and who has 'got my back'
- There is someone in my family/whānau who I can have fun with, who makes me laugh
- My family/whānau are proud and supportive of me participating in cultural, sporting and academic activities (e.g. my whānau attend my competitions, help fundraise, coach)
- I feel like I get enough quality time with my family/whānau

Responses

- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree



Now we will ask you about the place you live or stay.

Home27 **In the last 12 months, how many times have you moved homes?**

Responses  
I haven't moved  
I have moved once  
I have moved two times  
I have moved three or more times

Home51 **For some families, it is hard to find a house that they can afford, or that has enough space for everyone to have their own bed. In the last 12 months, have you had to sleep in any of the following because it was hard for your family to afford or get a home, or there was not enough space? (Do not include holidays or sleep-overs for fun). (You may choose as many as you need)**

Responses  
No, in the last 12 months, I have always had a home and my own bed  
A cabin, caravan or sleep out  
A garage  
A couch or on the floor  
A bed with another person (because there is no where else to sleep)  
Stayed with lots of different people (couch surfing)  
In a motel, hostel, Marae, boarding home or other emergency housing  
In car or van  
Other - please state

Youth19

Home52

**In the last 12 months, how often did you sleep in any of the following places because it was hard for your family to afford or get a home, or there was not enough space? This does not include holidays or sleep-overs for fun. (You may choose as many as you need)**

- A cabin, caravan or sleep out
- A garage
- A couch or on the floor
- A bed with another person (because there is no where else to sleep)
- Stayed with lots of different people (couch surfing)
- In a motel, hostel, Marae, boarding home or other emergency housing
- In car or van
- Other

Responses

- Most or every night
- More than half the time
- About half the time
- Less than half the time, but more than 10 times
- 3- 10 times
- Once or twice

Branching

Show this question if Home51 is "Yes"

Home8

**Has your family ever had to split up because of housing problems (e.g. part of the family live in one house and the rest of the family living somewhere else?)**

Responses

- Yes
- No

Home47

**How many people, including you, usually live in the main or only place you live?**

Responses

- |                        |            |
|------------------------|------------|
| One - I live by myself | 6          |
| 2                      | 7          |
| 3                      | 8          |
| 4                      | 9          |
| 5                      | 10 or more |

Home25

### How many bedrooms are there where you live?

|           |                              |              |
|-----------|------------------------------|--------------|
| Responses | None or does not apply to me | 6            |
|           | 1                            | 7            |
|           | 2                            | 8            |
|           | 3                            | 9            |
|           | 4                            | 10           |
|           | 5                            | More than 10 |

Neigh22

### Do you feel safe at home, or the place you live?

|           |                       |
|-----------|-----------------------|
| Responses | Yes, all the time     |
|           | Yes, most of the time |
|           | Sometimes             |
|           | No, mostly not        |
|           | Not at all            |

Home19

### Does your family want to know who you are with and where you are?

|           |              |
|-----------|--------------|
| Responses | Always       |
|           | Usually      |
|           | Sometimes    |
|           | Almost never |

Home21

### How much do you feel the following people care about you?

My mum (or someone who acts as your mum)  
My dad (or someone who acts as your dad)  
Other family members

|           |                      |
|-----------|----------------------|
| Responses | Not at all           |
|           | A little             |
|           | Some                 |
|           | A lot                |
|           | Does not apply to me |

Home28

### Does your dad, or someone who acts as your dad, have a job?

|           |                      |
|-----------|----------------------|
| Responses | Yes, full time       |
|           | Yes, part time       |
|           | No                   |
|           | I don't know         |
|           | Does not apply to me |

Home29 **Does your mum, or someone who acts as your mum, have a job?**

Responses Yes, full time  
Yes, part time  
No  
I don't know  
Does not apply to me

Home30 **Do your parents, or the people who act as your parents, ever worry about...**

Not having enough money to buy food?  
The power/electricity getting cut-off because there is no money to pay for it?  
Not having enough money to pay the rent/mortgage where you live?  
Not having enough money to pay for petrol or transport to get to important places like work or school?

Responses Never  
Occasionally  
Sometimes  
Often  
All the time  
I don't know

Home43 **Have you ever been involved with Oranga Tamariki (OT) or Child, Youth and Family Services (CYFS)? E.g. someone was worried about your safety or protection.**

Responses Yes  
No

Home53 **Are you still currently involved in Oranga Tamariki?**

Yes  
No

Branching Show question if Home43 is "yes"

Home54 **If you could change one thing to make your home or family life better, what would it be?**

Responses [Open text box]

Thank you for answering these questions, they will help us understand what is important for young people.

# Gender and sexuality

We will now ask a few questions about your gender, sex and sexuality. Remember this survey is private.

|           |   |
|-----------|---|
| Intro2    | <b>How do you describe yourself?</b>  |
| Responses | I am a boy or man<br>I am a girl or woman<br>I identify in another way  |
| Sex44     | <b>Are you (or might you be) transgender or gender-diverse? By this, we mean that your current gender is different from your gender at birth (e.g. trans, non-binary, Queen, fa'afafine, whakawahine, tangata ira tane, genderfluid or genderqueer).</b>                                  |
| Responses | Yes<br>No<br>I'm not sure<br>I don't understand the question  |
| Gender1   | <b>Which of the following best describes you? (You may choose as many as you need)</b>  |
| Responses | Trans boy or man<br>Trans girl or woman<br>Non-binary, genderqueer, genderfluid<br>Agender<br>Takatāpui<br>Whakawahine<br>Tangata ira tane<br>Fa'afafine<br>Fa'atatama<br>Akava'ine<br>I'm not yet sure of my gender<br>Something else, please state:<br>I don't understand this question |
| Branching | Show question if Sex44 is "Yes" OR "I'm not sure"; show question if Intro2 is "I identify in another way"   |
| Gender2   | <b>What sex were you at birth, even if it is different today?</b>   |
| Responses | Male<br>Female<br>Indeterminate   |
| Branching | Show question if Sex44 is "Yes" or "I'm not sure"   |

Sex45 **At about what age did you start to identify as transgender or gender-diverse (even if you did not know the word for it)?**

Responses  
Younger than 5 years old  
5-10 years old  
11-13 years  
14-16 years  
17 years or older  
This does not apply to me

Branching Show question if Sex44 is "Yes" or "I'm not sure"

Sex46 **Who have you 'come out' to, or told about being transgender or gender-diverse? (You may choose as many as you need)**

Responses  
I have not told anyone  
Parents or caregivers  
Other family members  
Close friends  
Online friends  
Health professional or counsellor (doctor, nurse, therapist)  
Other  
This does not apply to me

Branching Show question if Sex44 is "Yes" or "I'm not sure"

Gender3 **In the last 12 months have you**

Responses  
Not gone to the doctor or other health care provider because you were worried what they might think of your gender or sex?  
Not gone to school because you were worried what students and teachers might think of gender-diverse or sex-diverse people?  
Not gone to the toilet at school or in public venues because you were worried about what people might say or do to you?  
Not participated in cultural or religious activities because you were worried of what people might think about your gender or sex?

Sex26 **Who are you attracted to?**

Responses  
The opposite or a different sex (e.g. I am a male attracted to females or I am a female attracted to males)  
The same sex (e.g. I am a male attracted to males or I am a female attracted to females)  
I am attracted to males and females  
I'm not sure  
Neither  
I don't understand this question

Sex47

**Which of the following best describes your sexual orientation?  
(Mark one answer only)**

Responses

- |                 |                                  |
|-----------------|----------------------------------|
| Straight        | Gay or lesbian                   |
| Mostly straight | I am not sure yet                |
| Bisexual        | Something else, please state:    |
| Pansexual       | I don't understand this question |
| Takatāpui       |                                  |

Sex29

**About how old were you when you first 'came out', or told people about your sexuality?**

Responses

- I have not told anyone
- 10 years or younger
- 11–13 years
- 14–15 years
- 16 or over years

Branching

Show question if Sex26 is "the same sex" OR "both sexes" OR "I'm not sure"

Sex3

**Have you... (You may choose as many as you need)**

Responses

- Not gone to the doctor because you were worried they might tell others about your sexuality?
- Not gone to the doctor or other health care provider because you were worried what they might think about your sexuality?
- Not gone to school because you were worried what students and teachers might think about your sexuality?
- Not participated in sports because you were worried about what the sports coaches or other people may think about your sexuality?
- Not participated in cultural or religious activities because you were worried of what people might think about your sexuality?

# School and employment

We now have some questions about your school, training or employment situation.

|           |  |
|-----------|--|
| Sch56     | <b>Do you go to:</b>   |
| Responses | School<br>Alternative education<br>An education or training programme<br>I am not in school or education (I am unemployed) |

## NEET – Not in education, employment or training

|           |  |
|-----------|--|
| Sch50     | <b>When did you last go to school or leave school?</b>   |
| Responses | Less than a month ago<br>Between 1 and 2 months<br>Between 2 and 6 months<br>Between 6 months and 1 year<br>More than 1 year<br>2-3 years ago<br>Longer than 3 years |
| Sch51     | <b>How do you feel about alternative education or your training course compared to your old school?</b>  |
| Responses | I feel more comfortable and happy here<br>I felt more comfortable and happy at my old school<br>I don't think there is any difference                                |
| Branching | Show question if Sch56 is "Training course" OR "Alternative education"   |



Sch52 **What is hard about not going to school, a course or having a job? (You may choose as many as you need)**

Responses

- Nothing to do, boredom
- I can't afford to pay for rent or board
- No money to do anything
- It is lonely
- I don't have enough money for food
- No one will give me a chance to prove myself in a job
- There are no courses or education courses that I want to do
- My family give me a hard time about not going to school, training or work
- WINZ, education and other agencies give me a hard time about not going to school, training or work
- There is not enough help for me to get a job
- People don't respect me
- Other - please state

Sch53 **Have you applied for a job in the past 12 months?**

Responses

- Yes
- No

Branching Show question if Sch56 is "Unemployed"

Sch54 **What are some of the reasons that you didn't get the job(s)? (You may choose as many as you need)**

Responses

- I didn't have the right qualifications
- I did not have any experience
- I was too shy
- I felt like they didn't want a person my age
- I felt like they didn't want someone of my ethnic group
- Too many other people applied for the job
- I don't know why I didn't get the job
- Other - please state

Branching Show question if Sch56 is "Unemployed" AND Sch53 is "Yes"

Sch55 **What would support you to have a good future?**

Responses [Open text box]

Branching Show question if Sch56 is "Unemployed"

## School and Alternative Education

Sch1 **What year are you at school?**

Responses  
Year 9  
Year 10  
Year 11  
Year 12  
Year 13

Branching Show question if Sch56 is "School"

Home50 **Now we are going to ask you about your friendships (e.g. people about the same age as you)**

WHAKAWHANAUNGATANGA QUESTIONS, please do not reproduce without permission from Terryann Clark.

I have at least one friend who I can trust to share my feelings with  
I have at least one friend who I can talk with about things that are worrying me  
I have at least one friend who understands what is important to me  
I have at least one friend who accepts me for who I am  
I have at least one friend who I have a close bond with  
I have at least one friend who will stick up for me and who has 'got my back'  
I have at least one friend who I have fun with, who makes me laugh  
I have at least one friend that I can talk to face-to-face (not online, text or social media) most days

Responses  
Strongly agree  
Agree  
Neutral  
Disagree  
Strongly disagree

Sch6 **Do you feel like you are part of your school, alternative education or course?**

Responses  
Yes  
No

Branching Show question if Sch56 is "School" OR "Alternative education" OR "Training course"

Sch10 **Do you feel that teachers/tutors care about you?**

Responses  
Yes  
No  
Doesn't apply

Branching Show question if Sch56 is "School" OR "Alternative education" OR "Training course"

Sch11 **How often do the teachers/tutors treat students fairly?**

Responses  
Hardly ever  
Sometimes  
Most of the time  
All of the time

Branching Show question if Sch56 is "School" OR "Alternative education" OR "Training course"

Sch48 **Have you ever been treated unfairly (e.g. treated differently) by a teacher/tutor because of your ethnic group?**

Responses  
Yes, within the past 12 months  
Yes, more than 12 months ago  
No  
I don't know/unsure

Branching Show question if Sch56 is "School" OR "Alternative education" OR "Training course"

Sch12 **Do teachers/tutors expect you to do well with your studies?**

Responses  
Yes  
No

Branching Show question if Sch56 is "School" OR "Alternative education" OR "Training course"

Sch64 **How well do you do at school (how good are your school results)?**

Responses  
Near the top  
Above middle  
About the middle  
Below the middle  
Near the bottom

Branching Show question if Sch56 is "School" OR "Alternative education" OR "Training course"

Sch17 **How important is it to your parents, or the people who act as your parents, that you go to school/course every day?**

Responses  
Very important  
Important  
Not very important

Branching Show question if Sch56 is "School" OR "Alternative education" OR "Training course"

Sch20 **How important is it to you to be at school/course every day?**

Responses  
Very important  
Somewhat important  
Not important

Branching Show question if Sch56 is "School" OR "Alternative education" OR "Training course"

Sch21 **In the last 12 months, have you wagged or skipped school/course for a full day or more without an excuse?**

Responses  
Yes  
No

Branching Show question if Sch56 is "School" OR "Alternative education" OR "Training course"

Sch24 **What do you think will be the last year at secondary school for you?**

Responses  
Year 9  
Year 10  
Year 11  
Year 12  
Year 13

Branching Show question if Sch56 is "School"

Sch25 **What do you plan to do when you leave secondary school?**

Responses  
Get more training or education  
Start work or look for a job  
Start a family  
Go overseas to study  
Go overseas to work  
Go back to my country of birth  
Do nothing  
I don't know/I have no plans

Branching Show question if Sch56 is "School"

Sch27

**Do you feel safe in your school/course?**

Responses

Yes, all the time  
Yes, most of the time  
Sometimes  
No, mostly not  
Not at all

Branching

Show question if Sch56 is "School"

Sch57

**My school or course is supportive of: (You may choose as many as you need)**

Responses

People from different ethnic groups or cultures  
People from different religions  
People of different shapes, weights or body sizes  
People who are or might be sexuality diverse (e.g. lesbian, gay or bisexual) or gender diverse  
People with a disability or health issue

Sch59

**How many teachers at your school are supportive of students of diverse genders and sexualities?**

Responses

All teachers  
Most teachers  
A few teachers  
None

Sch60

**How many students at your school are supportive of students of diverse sexualities and genders?**

Responses

All students  
Most students  
A few students  
None

Sch58

## How comfortable do you feel with the following?

Wearing my school uniform  
Changing in public changing rooms  
Playing sport or participating in PE  
Participating in extra-curricular activities e.g. choir, kapa haka  
Something else, please state:

Responses

Comfortable  
Neither comfortable or uncomfortable  
Uncomfortable  
This does not apply to me

Branching

Show question if Intro2 is "I identify another way" OR Sex44 "yes" or "unsure" AND Gender1 is NOT "I don't understand" OR Sex44 is NOT "I don't understand"

## Bullying

Bullying is when another student or group of students say, write, text or message nasty and unpleasant things to another student. Or, the student is hit, kicked, threatened, pushed or shoved around. Bullying also means when a group of students completely ignores somebody and leaves them out of things on purpose. Remember, you don't have to answer the questions if you don't want to.

Sch29

## In the last 12 months how often have you been bullied in school/course?

Responses

I haven't been bullied in the past 12 months  
It has happened once or twice  
About once a week or more

Sch31

## What was the reason you were bullied? (You may choose as many as you need)

Responses

I was bullied because of my ethnic group or culture  
I was bullied because of my religion  
I was bullied because of my size or body shape  
I was bullied because I am lesbian, gay, bisexual or gender diverse, or because people thought I was  
I was bullied because of my disability or health issue  
Other or I don't know why I was bullied

Branching

Show question if Sch29 is "Yes"

Sch32 **In the last month, how many times have you not gone to school/course because you were afraid someone might hurt, tease or bully you?**

Responses

- Not at all
- Not in the last month
- Once
- Two or three times
- Four or more times

Branching Show question if Sch29 is "Yes"

Sch33 **In the last 12 months how often have you bullied other students in your school/course?**

Responses

- Not at all
- Not in the last 12 months
- Once or twice
- About once a week or more

Thank you for answering these questions. If questions are upsetting, remember you can talk to one of the people here. You can also choose to have info and options sent to your phone or email later in the survey or talk to the school counsellor, health staff or Youthline (ph. 0800 376633 or free txt 234).

Youthline

# Health

This section is about health, getting health care and emotional health and wellbeing.

Hlth1 **In general how would you say your health is?**

Responses  
Excellent  
Very good  
Good  
Fair  
Poor

Hlth2 **Do you have any long-term health problems or conditions (lasting 6 months or more) (e.g. asthma, diabetes, depression)?**

Responses  
Yes  
No  
I don't know

Hlth3 **Does this health problem or condition cause you difficulty with, or stop you doing: (You may choose as many as you need)**

Responses  
Everyday activities that other people your age can usually do  
Communicating, talking, mixing with others or socialising  
Any other activity that people your age can usually do  
No difficulty with any of these

Branching  
Show question if Hlth2 is "Yes"

Hlth4 **Do you have any long-term disability (lasting 6 months or more) (e.g. sensory impaired hearing, visual impairment, in a wheelchair, learning difficulties)?**

Responses  
Yes  
No  
I don't know



Hlth5 **Does this disability cause you difficulty with, or stop you doing:  
(You may choose as many as you need)**

Responses  
Everyday activities that other people your age can usually do  
Communicating, talking, mixing with others or socialising  
Any other activity that people your age can usually do  
No difficulty with any of these

Branching  
Show question if Hlth4 is "Yes"

Hlth30 **Do you have any long-term pain (lasting 6 months or more) e.g.  
headaches, tummy pain, arms or leg pain?**

Responses  
Yes  
No

Hlth31 **How often do you get this pain?**

Responses  
Occasionally  
Monthly or less often  
Once or twice a month  
Weekly  
Most days

Branching  
Show question if Hlth30 is "Yes"

Hlth32 **On a scale of 1 to 5 how bad is the pain? 1 not too bad and 5  
being really bad**

Responses  
1  
2  
3  
4  
5

Branching  
Show question if Hlth30 is "Yes"

Hlth33 **Does pain cause you difficulty with, or stop you doing: (You  
may choose as many as you need)**

Responses  
Everyday activities that other people your age can usually do  
Communicating, talking, mixing with others or socialising  
Any other activity that people your age can usually do

Branching  
Show question if Hlth30 is "Yes"

Hlth25

**How old were you when you got your first period?**

Responses

I haven't had my first period  
9 years or younger  
10 years  
11 years  
12 years  
13 years  
14 years or older  
I'd prefer not to say

Branching

Show question if Intro2 is "Girl or woman" OR Gender2 is "Female"

Hlth26

**Have you ever found it difficult to get sanitary items (such as pads or tampons) because of how much they cost?**

Responses

Yes, less than once a month  
Yes, once a month or more  
No

Branching

Show question if Htlh25 is NOT "I haven't had my first period" or "I'd prefer not to say"

Hlth27

**Have you ever missed school or course work because:**

Responses

You did not have sanitary items (such as pads or tampons) for your period?  
You had bad period pain, very heavy bleeding or other period-related problems?  
Yes, four or more days a month  
Yes, about two or three days a month  
Yes, about one day per month  
Yes, less than one day a month  
No

Branching

Show question if Htlh25 is NOT "I haven't had my first period" or "I'd prefer not to say"

We are now going to ask some questions about where you get health information and care. These questions focus on physical health, we will ask about stress and mental or emotional wellbeing later.

Hlth6 **Where do you usually go for health care?**

Responses  
Family doctor, medical centre or GP clinic  
School health clinic  
An after-hours or 24-hour accident and medical centre  
The hospital accident and emergency  
Youth centre/youth one stop shop  
Other  
I don't go anywhere for health care

Hlth7 **When was the last time you went for health care (excluding looking online)?**

Responses  
0 - 12 months ago  
13 - 24 months ago  
More than 2 years ago

Hlth8 **Which of the following places have you used for health care in the last 12 months? (You may choose as many as you need)**

Responses  
Family doctor, medical centre or GP clinic  
School health clinic  
An after-hours or 24-hour accident and medical centre  
The hospital accident and emergency  
Youth centre/youth one stop shop  
Family planning or sexual health clinic  
Other

Branching  
Show question if Hlth7 is "0-12 months"

Hlth9 **In the last 12 months, did you get a chance to talk to a doctor or other health provider privately (meaning one on one, without your parents or other people in the room)?**

Responses  
Yes  
No

Branching  
Show question if Hlth7 is "0-12 months"

Hlth10 **In the last 12 months, did a doctor or other health provider tell you that what you talked about with them was confidential (meaning it would not be shared with anyone else)?**

Responses Yes  
No

Branching Show question if Hlth7 is "0-12 months"

Hlth12 **In the last 12 months, has there been any time when you wanted or needed to see a doctor or nurse (or other health care worker) about your health, but you weren't able to?**

Responses Yes  
No

Branching Show question if Hlth7 is "0-12 months"

Hlth13 **Here are some reasons people don't get health care even though they need to. Have any of these ever applied to you? (You may choose as many as you need)**

Responses I didn't know how to (e.g. you didn't know where to go or who to call for help or advice)  
I had no transport to get there  
I couldn't get an appointment (e.g. the appointment times or service opening hours were not convenient)  
I couldn't get in touch with the health professional or the person I usually see  
I didn't want to make a fuss  
I didn't feel comfortable with the person  
I was too scared  
I was too embarrassed  
I was hoping that the problem would go away by itself or get better with time  
I was worried it wouldn't be kept private  
I had no one else to go with  
It cost too much

Hlth16

**In the last 12 months, have you had any difficulty getting help for any of the following? (You may choose as many as you need)**

Responses

- An injury/accident
- Help with stopping smoking
- Help with stopping drug or alcohol use
- A long term health condition (e.g. asthma)
- A condition that does not last very long (e.g. a cold)
- Contraception/sexual health
- Pregnancy or pregnancy test
- Something else
- I haven't had difficulty getting help

Hlth17

**Have you ever been treated unfairly (e.g. treated differently, kept waiting) by a health professional (e.g. doctor, nurse, dentist etc.) because of your ethnicity or ethnic group?**

Responses

- Yes, within the past 12 months
- Yes, more than 12 months ago
- No
- I don't know/unsure

Youth19

# Emotional wellbeing

We would now like to ask some questions about how life is going for you and how you have been feeling.

Emot2 **Are you happy or satisfied with your life?**

Responses

- Very happy or satisfied
- It's okay
- Not very happy or satisfied
- Not at all happy or satisfied

We will now ask some questions about how you feel. After each one, decide if you feel this way almost never, hardly ever, sometimes, or most of the time. Remember there are no right or wrong answers. Just choose the one answer that tells how you usually feel.

Emot17 **How do you usually feel?**

REYNOLDS ADOLESCENT DEPRESSION SCALE (short form) QUESTIONS NOT SHOWN AS RADS IS COPYRIGHTED.

Responses

- Almost never
- Hardly ever
- Sometimes
- Most of the time

Emot4 **Over the last two weeks...**

- I have felt cheerful and in good spirits
- I have felt calm and relaxed
- I have felt active and vigorous
- I woke up feeling fresh and rested
- My daily life has been filled with things that interest me
- I have been bothered by feeling nervous, anxious or on edge
- I have been bothered by not being able to stop or control worrying

Responses

- All of the time
- Most of the time
- More than half of the time
- Less than half of the time
- Some of the time
- At no time

Emot11 **During the past 12 months, was there ever a time where you felt sad, blue or depressed for two weeks or more in a row?**

Responses Yes  
No

Now we have some questions about how things have been going for you over the last 6 months

Emot5 **Over the last six months...**

- I try to be nice to people, I care about their feelings
- I get very angry and often lose my temper
- I usually do as I am told
- I fight a lot. I can make other people do what I want
- I am often accused of lying or cheating
- I take things that are not mine from home, school or elsewhere
- I am kind to younger children

Responses Not true  
Somewhat true  
Certainly true

Youth19

## Self-harm and suicide

We are now going to ask some questions about people trying to hurt or harm themselves or attempt suicide. Remember you don't have to answer these questions if you don't want to.

Emot18 **Have any of your friends died by suicide?**

Responses  
No  
Yes - within the last year  
Yes - more than a year ago  
Not sure

Emot12 **Have any members of your family died by suicide?**

Responses  
No  
Yes - within the last year  
Yes - more than a year ago  
Not sure

Emot13 **During the last 12 months have you deliberately hurt yourself or done anything you knew might harm you (but not kill you)?**

Responses  
No, never  
Yes - once or twice  
Yes - three or more times

Emot15 **During the last 12 months have you**

Seriously thought about killing yourself (attempting suicide)?  
Made a plan about how you would kill yourself (attempt suicide)?  
Tried to kill yourself (attempted suicide)?

Responses  
Yes  
No

Emot16 **Did this ever result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?**

Responses  
Yes  
No

Branching Show question if Emot15 is "Tried to kill yourself"

Thank you for answering these questions. If these questions have been upsetting, remember you can talk to one of the people here. You can also



choose to have info and options sent to your phone or email later in the survey or talk to the school counsellor, health staff or Youthline (free txt 234).

## Help Seeking

These questions are about getting help when you are feeling bad or having a hard time. This includes being depressed, worried, overwhelmed or having a mental health issue. It also includes feeling pissed off or angry all the time or like life is no good.

Emot23 **If you were feeling bad or having a hard time, would you seek help or advice from:**

Responses

- A friend or young person you know
- A parent or other adult in your family
- Your family doctor/GP
- A school counsellor
- A school nurse
- A counsellor or mental health professional not at your school (e.g. psychologist, psychiatrist)
- A phonenumber (e.g. Kidsline, Whatsup, 1737, Youthline)
- A social media or chat room post that people you know might see
- An anonymous social media or chat room post
- A website with information such as Youthline, The Lowdown or Depression.org
- An app or online program like SPARX.org or Headspace
- Someone else

Emot19 **In the last 12 months, have you gone to or used any of the following for help or advice about feeling bad or having a hard time? (You may choose as many as you need)**

Responses

- A friend or young person you know
- A parent or other adult in your family
- Your family doctor/GP
- A school counsellor
- A school nurse
- A counsellor or mental health professional not at your school (e.g. psychologist, psychiatrist)
- A phone line (e.g. Kidsline, Whatsup, 1737, Youthline)
- A social media or chat room post that people you know might see
- An anonymous social media or chat room post
- A website with information such as Youthline, The Lowdown or Depression.org
- An app or therapeutic tool such as SPARX.org or Headspace
- Someone else

Emot21 **Here are some reasons people don't get help with being stressed, down or worried or having a hard time, even when they need to. Have any of these ever applied to you? (You may choose as many as you need)**

Responses

- I didn't know how to
- It cost too much
- I had no transport to get there
- I couldn't get an appointment
- I had no one else to go with
- I was too embarrassed
- I was hoping that the problem would go away by itself or get better with time
- I was worried it wouldn't be kept private
- Nothing will change the problems I have
- I think I should work out my own problems
- I might find out there is something wrong with me
- They wouldn't understand my problems
- My problems aren't bad enough

Emot20 **In the last 12 months, have you had any difficulty getting help with feeling bad or having a hard time?**

Responses

- No - I haven't needed help
- No - every time I needed help I got it
- Yes

Emot22 **What is one thing that would make things better for young people you know who have a hard time or who feel bad?**

Responses [Open text box]

Thank you for answering these questions. If these questions have been upsetting, you can talk to one of the people here. You can also choose to have info and options sent to you later in the survey or you can talk to the school counsellor, health staff or Youthline (ph. 0800 376633 or free txt 234).

# Injury and violence

We are now going to ask about injuries and violence. Remember this is a private survey and you can skip questions if you don't want to answer them.

## Driving behaviours

Injury2 **When driving or being driven in a car how often do you wear a seatbelt?**

Responses  
Always  
Most of the time  
Sometimes  
Hardly ever  
Never

Injury3 **During the last month, did you ride in a car driven by someone...**

Responses  
Who had been drinking alcohol?  
Who was high or had been taking drugs?  
Who was driving dangerously (speeding, racing, burnouts)?

Injury4 **Have you ever driven a car or other motor vehicle (e.g. motorbike) on a public road?**

Responses  
No  
Only when I am having a driving lesson  
Yes

Injury5 **Do you have a current driver's licence?**

Responses  
No  
I have a learners licence  
I have a restricted licence  
I have a full drivers licence

Branching Show question if Injury4 is "Yes" OR "Only when I am having a driving lesson"

Injury6 **During the last month, did you drive a car or other vehicle...**

Responses  
When you had been drinking alcohol?  
When you were high or when you had been using drugs?  
Dangerously (speeding, racing, burnouts)?

Branching Show question if Injury4 is "Yes" OR "Only when I am having a driving lesson"

## Violence

We would now like to ask some questions about violence in your life.  
Remember you don't have to answer the questions if you don't want to.

Viol1 **In the last 12 months have adults in your home...**

Hit or physically hurt a child (other than yourself)?  
Hit or physically hurt you?  
Hit or physically hurt each other?

Responses  
Yes  
No

Viol4 **During the last 12 months how many times have you been hit or physically harmed on purpose by a:**

Boyfriend or girlfriend  
Sibling(s)  
Other young person  
Parent  
Other adult

Responses  
Not in the last 12 months  
Once or twice  
Three or more times

Neigh11 **In the last 12 months have you been in trouble with the police?**

Responses  
Never  
Not in the last 12 months  
Once  
Two or more times

Viol12 **Have you been treated unfairly (picked on, hassled, etc.) by the police because of your ethnic group?**

Responses  
Yes, within the past 12 months  
Yes, more than 12 months ago  
No  
I don't know/unsure

Neigh17 **Do you feel safe in your neighbourhood?**

Responses  
All the time  
Sometimes  
Not often  
Never

## Violence towards animals

Now we would like to ask some questions about animals.

SPCA1 **Do you have a pet?**

Responses  
No  
Yes, a dog  
Yes, a cat  
Yes, a horse  
Yes, a rabbit  
Yes, a fish  
Yes, other

SPCA2 **Do you think of this pet as a member of the family?**

Responses  
Yes  
No

Branching  
Show question if SPCA1 is "Yes"

SPCA3 **Have you, or someone you know, ever threatened to hurt or actually hurt your pet or another animal on purpose?**

Responses  
Yes  
No

SPCA4 **Have any of these people ever threatened your pet?**

- Responses
- Nobody has threatened my pet
  - Your parent (or person who acts as your parent)
  - Your brother or sister
  - Another family member
  - A friend

Branching Show question if SPCA1 is "Yes" AND SPCA3 is "Yes"

SPCA5 **Have any of these people ever hurt your pet?**

- Responses
- Nobody has hurt my pet
  - Your parent (or person who acts as your parent)
  - Your brother or sister
  - Another family member
  - A friend

Branching Show question if SPCA1 is "Yes" AND SPCA3 is "Yes"

SPCA6 **How many times has someone hurt your pet?**

- Responses
- Once
  - 2 or 3 times
  - 4 or more times

Branching Show question if SPCA5 is "Yes"

SPCA7 **Have you ever hurt your pet?**

- Responses
- No
  - Yes, it was a mistake
  - Yes, because I wanted to
  - Yes, someone forced me to do it

Branching Show question if SPCA1 is "Yes" AND SPCA3 is "Yes"

SPCA8 **How many times have you hurt your pet?**

- Responses
- Once
  - 2 or 3 times
  - 4 or more times

Branching Show question if SPCA1 is "Yes" AND SPCA3 is "Yes"

SPCA9 **Which of these people have hurt another animal on purpose?  
(Select all that apply)**

Responses Me  
Your parent (or person who acts as your parent)  
Your brother or sister  
Another family member  
A friend

Branching Show question if SPCA3 is "Yes"

SPCA10 **How many times has any of these people hurt another animal?**

Responses Once  
2 or 3 times  
4 or more times

Branching Show question if SPCA3 is "Yes"

## Sexual abuse

Now we are going to ask some questions about sexual behaviour that you did not want (e.g. unwanted sexting, sexual abuse, rape, being pushed into doing sexual things). Remember this is a private survey and you can skip questions.

Sex19 **Have you ever been touched in a sexual way or made to do sexual things that you didn't want to do? (including sexual abuse or rape)**

Responses Yes  
No  
Not sure

Sex24 **Did you tell anyone when you had been touched in a sexual way or made to do sexual things that you didn't want to do? (You may choose as many as you need)**

Responses I didn't tell anyone  
An adult in my family  
A friend or other young person  
A counsellor or health professional (such as doctor, nurse or therapist)  
Someone online  
Other

Branching Show question if Sex19 is "Yes"

If these questions have been upsetting for you and you wish to talk with someone, remember you can talk to one of the people here. You can also choose to have info and options sent to your phone or email later in the survey or talk to the school counsellor, health staff or Youthline (ph 0800 376633 or free txt 234).

Youth19



# Activities

This next section is about activities like sport, work and online time.

Actv1 **Is physical activity, sport or exercise an important part of your life?**

Responses  
Not really  
Sort of  
Definitely

Actv4 **In the last 7 days, how many times have you done any exercise or activity that makes you sweat or breathe hard, or gets your heart rate up (such as soccer or rugby, running, swimming laps, fast bicycling etc.)?**

Responses  
I don't exercise  
Not in the last 7 days  
1-3 times  
4-6 times  
7 or more times

Actv5 **The last time you did this how long did you do this physical activity for?**

Responses  
Up to 10 minutes  
11-20 minutes  
21-30 minutes  
31-60 minutes  
More than 60 minutes

Branching Show question if Actv4 is NOT "I don't exercise"

Food23 **At this time how happy are you with your weight?**

Responses  
Very happy  
Happy  
Okay  
Unhappy  
Very unhappy

Food8 **During the last 7 days, how many times did all, or most, of your family living in your house eat a meal together?**

Responses  
Never  
1-2 times  
2-4 times  
5-6 times  
7 or more times

Actv47 **Does your family have rules around:**

Responses  
Internet use  
Screen time  
Smart phone use

Actv48 **Do you have access to a smartphone, laptop, tablet or iPad, Chromebook or desktop computer that you can use in your spare time?**

Responses  
Yes  
No

Actv49 **When you go to sleep at night, do you have a smartphone or other device that can go online within reach (close enough that you can reach it without getting out of bed?)**

Responses  
Yes  
No

Actv50 **About what time do you go to sleep on a school night?**

Responses  
Before 9pm  
Between 9pm - 10pm  
Between 10pm - 11pm  
Between 11pm - 12am  
After midnight

Actv51 **About what time do you wake up on a school day?**

Responses  
Before 5am  
Between 5am - 6am  
Between 6am - 7am  
Between 7am - 8am  
Between 8am - 9am  
After 9am

Actv29 **Over the last 12 months have you worked for money or had a paid job? (You may choose as many as you need)**

Responses  
Yes, a regular part-time job (e.g. paper run)  
Yes, I worked during the school holidays  
Yes, I sometimes worked during the school term  
No, I didn't work for pay in the last year

Actv53 **Do you look after others at home, for example younger children or older family members?**

Responses  
Most days  
More than once a week, but not most days  
About once a week  
Less than once a week  
No

Actv54 **Do you ever stay home from school, start late, or come home early, so that you can look after others at home, for example, younger children or older family members?**

Responses  
No  
Yes, once a week or more  
Yes, more than once a month, but less than once a week  
Yes, about once a month  
Yes, less than once a month

Branching  
Show question if Actv53 is "Yes"

Actv40 **Do you do extra work around your home because someone is disabled or sick or can't do things?**

Responses  
Yes  
No

The next questions are about going online for help or information about health issues, hassles, problems, worries or having a hard time. We want to understand what young people do so we can try to make online options better.

Actv55 **Some people find info about health issues, worries or life hassles online by searching, Googling or looking at links on their social media feed or that someone sent. Which of the following have you looked up or checked out online (by searching, Googling, reading on social media or clicking on a link)? (You may choose as many as you need)**

Responses

- Bullying
- Questions about sex
- A physical health issue or question (e.g. acne, a cold or an injury)
- How I was feeling
- Relationship or family problems
- My sexual orientation or gender
- Depression, mood, anxiety or worries
- None or does not apply to me

Actv58 **Which of the following have you looked at or checked out for any of these issues? (You may choose as many as you need)**

Responses

- A link or post on my social media feed (e.g. Facebook, Instagram)
- A post or video by someone I follow
- A link or post someone sent me
- A government or health website
- A website - other
- A humour or gaming site

Branching Show question if Actv55 is NOT "None"

Actv57 **When was the last time you searched, Googled, looked online or checked out links for info about any of these issues?**

- Within the last week
- Between one week and one month ago
- More than one month but less than one year ago
- More than one year ago
- I have never done this

Branching Show question if Actv55 is NOT "None"

Actv56 **If you've ever looked for info online for any of these topics, how helpful was it?**

Bullying  
Questions about sex  
A physical health issue or question (e.g. acne, a cold or an injury)  
How I was feeling  
Relationship or family problems  
My sexual orientation or gender  
Depression, mood, anxiety or worries

Responses  
Not at all helpful  
Slightly helpful  
Somewhat helpful  
Very helpful  
Extremely helpful

Branching Show question if Actv55 is NOT "None"

Actv59 **Here are some reasons people don't find helpful information online even if they want to. Have any of these ever applied to you? (You may choose as many as you need)**

Responses  
It's hard for me to get data or Wi-Fi  
I don't have a device to use in private  
I am blocked from some internet sites at home or school  
I am worried or scared someone might find out  
I didn't know where to find information or it was too hard to find what I was looking for  
I didn't know how to describe or spell what I was looking for  
There was too much reading, the information I found was too complicated, or I didn't understand it  
I didn't like the design or feel of the website  
It didn't seem relevant to me  
I was scared of what I might find out  
I didn't know what websites I could trust  
I would rather talk to someone in person  
I didn't think anything would help me

Actv60 **How could websites or online tools be more useful for you if you were having a hard time?**

Responses [Open text box]

# Sexual health

Now we are going to ask some questions about sexual activity and contraception/condoms.

Sex40 **Have you ever had sex? (by this we mean sexual intercourse).  
Only include sex that you wanted or consented to - this does not include sexual abuse or rape.**

Responses Yes  
No

Sex41 **Have you had sex in the last 3 months?**

Responses Yes  
No

Sex70 **Have you ever had sex with: (Only include sex that you wanted or consented to - this does not include sexual abuse or rape.)  
(You may choose as many as you need)**

Responses Females  
Males  
People who identify as transgender or non-binary

Branching Show question if Sex40 is "Yes"

Sex12 **How often do you, or your partner(s) use contraception (by this, we mean protection against pregnancy)?**

Responses Always  
Most of the time  
Sometimes  
Never  
This does not apply to me

Branching Show question if Sex40 is "Yes"

Sex43

**Thinking about the last time you had sex, what forms of contraception did you use to prevent pregnancy? (This is sex that you wanted or consented to, do not include sexual abuse or rape.) (You may choose as many as you need)**

Responses

None  
The pill (oral contraceptive)  
Condoms  
The morning after pill or the emergency contraceptive pill (pills a female takes within 72 hours of unprotected sex to prevent pregnancy)  
Depo provera (the injection)  
LARC (long acting reversable contraceptive) (e.g. an implant, Jadelle, IUDs)  
Withdrawal method (e.g. pulling the penis out of the vagina before the male cums)  
Rhythm method (e.g. an App/calendar that tells me when I would be fertile)  
This does not apply to me  
I don't know if my partner uses contraception  
Other - please state

Branching

Show question if Sex40 is "Yes"

Sex15

**Have you ever been pregnant or got someone pregnant (including miscarriage, abortion or termination)?**

Responses

Yes  
No  
Unsure

Branching

Show question if Sex40 is "Yes"

Sex9

**How often do you or your partner(s) use condoms to protect against sexually transmitted infections when having sex?**

Responses

Always  
Most of the time  
Sometimes  
Never  
I am female and my current sexual partner is female, so we do not use condoms

Branching

Show question if Sex40 is "Yes"

Sex49

**Thinking of the last time you had sex, did you or your partner use condoms as protection against sexually transmitted infections?**

Yes  
No

Branching

Show question if Sex40 is "Yes"

Sex74 **In general, is sex a positive and enjoyable experience for you?**

Responses Strongly agree  
Agree  
Neutral  
Disagree  
Strongly disagree

Branching Show question if Sex40 is "Yes"

Now we are going to ask some questions about porn, sexting, relationships and communication.

Sex52 **Have you ever had an experience of sexting, that is sending "nudes" or sexual pictures, or someone sending "nudes" and sexual pictures to you on a smartphone or online?**

Responses Yes  
No  
Unsure  
I don't understand the question

Sex53 **Was sexting a positive or fun experience for you?**

Responses Yes, sexting was fun  
It was ok  
No, sexting was not a positive experience for me

Branching Show question if Sex52 is "Yes"

Sex54 **How often do you look at porn? By porn we mean explicit images, video, or movies of a person or people having real sex or doing sexual things and you can see their genitals?**

Responses Daily  
Most days  
Once or twice a week  
Once or twice a month  
Never  
I don't understand the question

Sex55 **Have you ever felt pressured to do things that you or someone else saw in porn?**

Responses Yes  
No

Branching Show question if Sex54 is NOT "Never" or "I don't understand"



Sex71

**In general how confident do you feel about talking to a boyfriend/girlfriend or sexual partner about issues like:**

Talking about what you want to do sexually and what you do not want to do.

Talking about preventing pregnancy

Talking about preventing sexually transmitted infections

Breaking up

Managing risks or concerns about sexts or "nudes" if you split up

Responses

Very confident

Somewhat confident

Not very confident

Not at all confident

Does not apply to me

Branching

Show question if Sex40 is "Yes"

Thank you for answering these questions. If these questions have been upsetting for you and you wish to talk with someone, remember you can talk to one of the people here. You can also choose to have info and options sent to your phone or email later in the survey or talk to the school counsellor, health staff or Youthline (ph. 0800 376633 or free txt 234).

Youthline

# Addictive behaviours

This next section asks about cigarettes, alcohol, other drugs and gambling. Remember, you can skip questions if you wish to.

## Cigarettes

**Cig1**                    **We would now like to ask some questions about smoking cigarettes (not including e-cigarettes, vaping or marijuana). Have you ever smoked a whole cigarette?**

Responses            Yes  
                              No

**Cig4**                    **How often do you smoke cigarettes now?**

Responses            Never - I don't smoke now  
                              Occasionally  
                              Once or twice a month  
                              Once or twice a week  
                              Most days  
                              Daily

Branching            Show question if Cig1 is "Yes"

## E-cigarettes

**ECig1**                    **Have you ever vaped or used an e-cigarette?**

Responses            Yes  
                              No

**ECig2**                    **How often do you vape or use e-cigarettes now?**

Responses            Never  
                              Occasionally  
                              Once or twice a month  
                              Once or twice a week  
                              More than twice a week

Branching            Show question if ECig1 is "Yes"

ECig3 **When you first began vaping or using e-cigarettes did you smoke ordinary cigarettes (tobacco)?**

Responses  
Yes  
No

Branching Show question if ECig1 is "Yes"

ECig4 **When you vape/use e-cigarettes do they contain nicotine?**

Responses  
Yes, always  
Yes, sometimes  
No  
Don't know

Branching Show question if ECig1 is "Yes"

## Alcohol

Alc1 **We would like to now ask some questions about alcohol. By this we mean beer, wine, spirits, pre-mixed drinks. Have you ever drunk alcohol (not counting a few sips)?**

Responses  
Yes  
No

Alc3 **During the past 4 weeks, about how often did you drink alcohol?**

Responses  
Not in the last 4 weeks  
Once in the last 4 weeks  
Two or three times in the last 4 weeks  
About once a week  
Several times a week  
Most days  
Not at all - I don't drink alcohol now

Branching Show question if Alc1 is "Yes"

Alc4 **How many alcoholic drinks do you usually have in one session - within about 4 hours? (Count one drink as one small glass of wine, one can or stubbie, one ready-made alcoholic drink, e.g. rum and Coke or one shot of spirits)**

Responses

- 1 drink
- 2 drinks
- 3 to 4 drinks
- 5 to 9 drinks
- 10 to 20 drinks
- More than 20 drinks

Branching Show question if Alc1 is "Yes"

Alc6 **When you drink alcohol how do you usually get it? (You may choose as many as you need)**

Responses

- I buy it myself
- Friends give it to me
- My brother or sister gives it to me
- My parents give it to me
- I get it from home without my parents' permission
- Another adult I know gives it to me
- I get someone else to buy it for me
- I take or steal it from somewhere else (not home)
- None of these

Branching Show question if Alc1 is "Yes"

Alc10 **In the past 4 weeks, how many times did you have 5 or more alcoholic drinks in one session - within 4 hours?**

Responses

- None at all
- Once in the past 4 weeks
- Two or three times in the past 4 weeks
- Every week
- Several times a week

Branching Show question if Alc1 is "Yes"

Alc14 **During the past 12 months, when you drank alcohol, did you also use any these substances at the same time?**

Marijuana  
Other drugs  
Cigarettes  
E-cigarettes

Responses  
Never  
Sometimes  
Most of the time  
Every time

Branching Show question if Alc1 is "Yes"

Alc13 **In the last 12 months have you:**

Had friends or family tell you to cut down your alcohol drinking?  
Got in to trouble or done something you regretted (like unsafe sex, been injured) because you had been drinking

Responses  
Yes  
No

Branching Show question if Alc1 is "Yes"

## Marijuana

Mari1 **Now there are some questions about marijuana. You don't have to answer if you don't want to. Remember there is no way to identify you from your answers. Have you ever used or smoked marijuana?**

Responses  
Yes  
No

Mari3 **In the last 4 weeks, about how often did you use marijuana?**

Responses  
Not at all - I don't use marijuana anymore  
None in the last 4 weeks  
One to three times in the last 4 weeks  
About once a week  
Several times a week  
Every day  
Several times a day

Branching Show question if Mari1 is "Yes"

Mari6 **In the last 12 months have you:**

Had friends or family told you to cut down your marijuana use?  
Got into trouble or done something you regretted when you had been using marijuana?

Responses Yes  
No

Branching Show question if Mari1 is "Yes"

## Other Drugs

Drugs3 **Have you ever tried any other drugs such as P, huffing, synthetics?**

Responses Yes  
No

Drugs2 **How many times have you used any of the following drugs?**

Huffing of used glue/gas or paint to get high  
Synthetics/synthetic canaboids  
P or methamphetamine  
Ritalin or ADHD medication without a doctors prescription  
Any other drugs (e.g. mushrooms, E, prescription drugs etc.)

Responses Never  
Once  
2 or 3 times  
4 or more times

Branching Show question if Drugs3 is "Yes"

Drugs4 **In the last 12 months have you**

Responses Had friends or family tell you to cut down your drug use?  
Got in to trouble or done something you regretted (like unsafe sex, been injured) because of your drug use?

Branching Show question if Drugs3 is "Yes"

## Gambling

Gamb10 **Have you ever gambled or bet precious things or money on any of these activities? (You may choose as many as you need)**

Instant Kiwi (scratchies)  
Lotto (including Strike, Powerball and Big Wednesday)  
Pub or club (pokies)  
A casino (e.g. roulette, pokies)  
TAB betting (e.g. on track racing or sports)  
Games and gambling on a cell/mobile phone for money or prizes (e.g. txt games)  
Gambling on the Internet for money or prizes (e.g. internet casinos or poker)  
Bets with friends or family  
Cards or coin games (e.g. poker)

Responses Yes  
No

Gamb4 **Thinking about the activities in the previous questions, how much money would you usually spend each week on bets or gambling?**

Responses Nothing  
Less than \$10  
\$10-\$19  
\$20-\$49  
\$50 or more

Branching Show question if Gam10 is 'Yes'

## Desire to change behaviours

Drugs5 **Do you worry about doing any of these things?**

Cigarettes  
Vaping  
Alcohol  
Marijuana  
Other drugs  
Gambling

Responses A lot  
Some  
A little  
Not at all  
Does not apply to me

Branching Each response is only shown if answered "Yes" to the responding questions e.g. Cig1, ECig1, Alc1, Mari1, Drugs3, Gamb10

Drugs6

**Would you like to cut down or give up on any of these things?**

- Cigarettes
- Vaping
- Alcohol
- Marijuana
- Other drugs
- Gambling

Responses

- Yes
- No

Branching

Each response is only shown if answered "Yes" to the responding questions e.g. Cig1, ECig1, Alc1, Mari1, Drugs3, Gamb10

Drugs7

**Have you ever tried to cut down or give up any of these things?**

- Cigarettes
- Vaping
- Alcohol
- Marijuana
- Other drugs
- Gambling

Responses

- Yes
- No

Branching

Each response is only shown if answered "Yes" to the responding questions e.g. Cig1, ECig1, Alc1, Mari1, Drugs3, Gamb10

Youth19



## Community and beliefs

This is the last section! It asks about your community and beliefs.

We would now like to ask some questions about community and your hopes for the future.

Neigh10 **Which of the following groups, clubs or teams do you belong to? This could be at school or somewhere else. (You may choose as many as you need)**

Responses

- A sports team or group
- A cultural group, e.g. kapa haka
- A diversity group that supports sexuality and gender diverse youth, gay/straight alliance, or rainbow group
- Another type of group or club, e.g. music, drama, gaming
- None

Neigh9 **Do you give your time to help others in your school or community (e.g. as a peer supporter at school, help out on the Marae or church, help coach a team or belong to a volunteer organisation)?**

Responses

- Yes, within the last 12 months
- Yes, but not within the last 12 months
- No
- I don't know

Home49

**Now we are going to ask you some questions about adults you get support from outside your whānau/family (e.g. friend's parents, coaches, mentors, teachers, youth worker, kaiako etc.)**

WHAKAWHANAUNGATANGA QUESTIONS, please do not reproduce without permission from Terryann Clark.

There is an adult outside of my family/whānau who I can trust to share my feelings with  
There is an adult outside of my family/whānau who I can talk with about things that are worrying me  
There is an adult outside of my family/whānau who understands what is important to me  
There is an adult outside of my family/whānau who accepts me for who I am  
There is an adult outside of my family/whānau who I have a close bond with  
There is an adult outside of my family/whānau who will stick up for me and who has 'got my back'  
There is an adult outside of my family/whānau who I have fun with, who makes me laugh  
There is somewhere safe I can go and stay, other than with my family/whānau (e.g. a friend's home, church members home, coaches home etc.)  
There is a place where I can go where I feel I belong with people who support me (e.g. community groups, kapa haka, clubs, church, rainbow diversity groups, activism groups)

Responses

- Strongly agree
- Agree
- Neutral
- Disagree
- Strongly disagree

## Voting

Home55

**Are you enrolled to vote in New Zealand elections?**

Responses

- Yes
- No

Home56

**Are you enrolled to vote on the Māori roll or on the General roll?**

Responses

- Māori roll
- General roll
- I don't understand the question

Branching

Show question if age is over 17 years AND Home55 is "Enrolled" AND Enth1 is "Māori"

Home57

## How did you enrol to vote?

Responses

Online

I sent a text to get an enrolment pack

I called the 0800 number to get an enrolment pack

Through a PostShop

Someone from the Electoral Commission came to my school

I visited an Electoral Commission stand at an event

A friend or family member gave me an enrolment pack

Some other way

Can't remember

Branching

Show question if age is over 17 years AND Home55 is "Enrolled"

Home58

## Do you plan to enrol to vote in New Zealand elections?

Responses

Yes

No

Home59

## Do you intend to enrol to vote on the Māori roll or on the General roll?

Responses

Māori roll

General roll

I don't understand the question

Branching

Show question if age is over 17 years AND Home55 is "Enrolled" AND Ethn1 is "Māori" AND Home58 is "Yes"

Home60

## Why have you decided not to enrol? (You may choose as many as you need)

Responses

I am not interested in politics

I don't trust politicians

I don't know enough about politics

My vote wouldn't make a difference

It takes too much effort

I don't want the government knowing my information

I'm not from New Zealand

Some other reason

I don't know how

## Beliefs and hopes for the future

Neigh25 **We would now like to ask some questions about your hopes for the future.**

I think about or make plans for my future  
I don't feel that I will get the support I need to achieve my plans for the future  
I get opportunities to show my talents and skills  
I can see a positive future for me in New Zealand

Responses  
Strongly agree  
Agree  
Neutral  
Disagree  
Strongly disagree

Spirit11 **Now we would like to ask some questions about your spiritual relationships to people, places and the environment.**

I believe it is important to protect our environment for future generations (e.g. land, rivers and sea)  
I have a strong spiritual connection to certain places (e.g. my church/mosque/shrine, or places such as mountains, the bush, the sea etc.)  
I often feel a spiritual connection to people (e.g. friends, family, church members)

Responses  
Strongly agree  
Agree  
Neutral  
Disagree  
Strongly disagree

Spirit1 **What faith or religion are you?**

Responses

|                          |                       |
|--------------------------|-----------------------|
| Christian                | Hindu                 |
| Anglican                 | Bretheren             |
| Catholic                 | Assemblies of God     |
| Presbyterian             | Salvation Army        |
| Baptist                  | Islam/Muslim          |
| Methodist                | Judaism               |
| Latter Day Saints/Mormon | Seventh Day Adventist |
| Pentecostal              | EFKS                  |
| Rātana                   | Other                 |
| Ringatū                  | I have my own         |
| Buddhist                 | None                  |

Spirit10 **How important to you are your spiritual beliefs or religious faith?**

Responses  
Very important  
Somewhat important  
Not important

Spirit28 **What do you think are the biggest problems for young people today?**

Responses [Open text box]

Neigh27 **What do you think should be changed to support young people in New Zealand better?**

Responses [Open text box]

Thank you very much for answering these questions. They will help adults to understand and respond to the needs of young people. Very best wishes and THANK YOU for the Youth'19 team!

Youth19

# Survey End

## Info and thanks

We can send you information about topics in the survey to your phone or email. The message would look like this

“Thanks for doing Youth19! Here’s the health & wellbeing info <https://info.youth19.ac.nz> “

Your phone or email details would not be used for anything else and would be deleted after we have sent you messages”

Email (open field)

Or

Phone Number (open field)

SUBMIT or SKIP

Congratulations, you have finished!

If any questions have been upsetting, remember you can:

- Talk to one of the people here
- Check out the links sent to your phone or email if you chose to do this
- Or, talk to the school counsellor, the health staff or Youthline (Phone and text details provided)

Students were also given a physical card as shown and thanked as they left the room. See Appendix F – Survey access card with help information

A confidential school level report was sent to each school.

# Appendix A – Branching table

The following questions are shown to some respondents only. The **branching rules** in the right-hand column show the previous responses that will lead to the **question/s** listed in the left-hand column being shown.

Youth19

| Question name   | Branching rule  |
|---|---|
| Intro4, Intro11, Intro5, Intro 9, Intro10   | Show question only if Intro3 is not "New Zealand"   |
| Māori1, Māori14, Māori18, Māori19, Māori21  | Show question if Ethn1 is "Māori"   |
| Māori20   | Show question if Ethn1 is "Māori" AND Māori1 is "Yes"   |
| Questions for specified ethnic groups (Niuean, Tongan, Cook Islander, Samoan, Indian, Chinese, Other) | Only show ethnicity-specific questions if group is specified  |
| Home52  | Show question if Home51 is "Yes"  |
| Home53  | Show question if Home43 is "yes"  |
| Gender1   | Show question if Sex44 is "Yes" OR "I'm not sure"; show question if Intro2 is "I identify in another way"   |
| Gender2, Sex45, Sex46   | Show question if Sex44 is "Yes" or "I'm not sure"   |
| Sex29   | Show question if Sex26 is "the same sex" OR "both sexes"  |
| Sch51   | Show question if Sch56 is "Training course" OR "Alternative education"  |
| Sch53, Sch55  | Show question if Sch56 is "Unemployed"  |
| Sch54   | Show question if Sch56 is "Unemployed" AND Sch53 is "Yes"   |
| Sch6, Sch10, Sch11, Sch48, Sch12, Sch64, Sch17, Sch20. Sch21, Sch63                                   | Show question if Sch56 is "School" OR "Alternative education" OR "Training course"  |
| Sch24, Sch25, Sch27   | Show question if Sch56 is "School"  |
| Sch58   | Show question if Intro2 is "I identify another way" OR Sex44 "yes" or "unsure" AND Gender1 is NOT "I don't understand" OR Sex44 is NOT "I don't understand" |
| Sch31, Sch32, Sch33   | Show question if Sch29 is "Yes"   |
| Hlth3   | Show question if Hlth2 is "Yes"   |
| Hlth5   | Show question if Hlth4 is "Yes"   |
| Hlth31, Hlth32, Hlth33  | Show question if Hlth30 is "Yes"  |
| Hlth25  | Show question if Intro2 is "Girl or woman" OR Gender2 is "Female"   |
| Hlth26, Hlth27  | Show question if Hlth25 is NOT "I haven't had my first period" or "I'd prefer not to say"   |
| Hlth8, Hlth9, Hlth10  | Show question if Hlth7 is "0-12 months"   |
| Emot16  | Show question if Emot15 is "Tried to kill yourself"   |
| Injury5, Injury6  | Show question if Injury4 is "Yes" OR "Only when I am having a driving lesson"   |
| SPCA2   | Show question if SPCA1 is "Yes"   |
| SPCA4, SPCA5, SPCA7, SPCA8  | Show question if SPCA1 is "Yes" AND SPCA3 is "Yes"  |
| SPCA6   | Show question if SPCA5 is "Yes"   |
| SPCA9, SPCA10   | Show question if SPCA3 is "Yes"   |
| Sex24   | Show question if Sex19 is "Yes" OR "Unsure"   |
| Actv5   | Show question if Actv4 is NOT "I don't exercise"  |
| Actv54  | Show question if Actv53 is "Yes"  |



|  |  |
|--|--|
| Actv58, Actv57, Actv56   | Show question if Actv55 is NOT "None"  |
| Sex41, Sex70, Sex12, Sex43, Sex15, Sex9, Sex49, Sex 74, Sex71<br>Sex53 | Show question if Sex40=yes<br>Show question if Sex52 is "Yes"  |
| Sex55  | Show question if Sex54 is NOT "Never" or "I don't understand"  |
| Cig4   | Show question if Cig1 is "Yes"   |
| ECig2, ECig3, ECig4  | Show question if ECig1 is "Yes"  |
| Alc3, Alc13  | Show question if Alc1 is "Yes"   |
| Alc4, Alc6, Alc10, Alc14   | Show question if Alc1 is "Yes" AND Alc3 is NOT "Not at all"  |
| Mari3, Mari6   | Show question if Mari1 is "Yes"  |
| Drugs2, Drugs4   | Show question if Drugs3 is "Yes"   |
| Gamb4  | Show question if Gamb10 is "Yes"   |
| Drugs5, Drugs6   | Each response is only shown if answered "Yes" to the responding questions e.g. Cig1, ECig1, Alc1, Mari1, Drugs3, Gamb10<br>Each response is only shown if answered "Yes" to the responding questions e.g. Cig1, ECig1, Alc1, Mari1, Drugs3, Gamb10 |
| Drugs7   | Show question if Sch56 is "Unemployed"   |
| Home56   | Show question if age is over 17 years AND Home55 is "Enrolled" AND Ethn1 is "Māori"  |
| Home57   | Show question if age is over 17 years AND Home55 is "Enrolled"   |
| Home59   | Show question if Home55 is NOT "Enrolled" AND Ethn1 is "Māori" AND Home58 is "Yes"   |
| Home60   | Show question if Home58 is "No"  |

## Appendix B – Country choices

Intro3: Where were you born?

Intro7: Where was your mother born?

Intro8: Where was your father born?

|                                 |   |                              |
|---------------------------------|---|------------------------------|
| I don't know                    | France                                    | Norway                       |
| New Zealand                     | French Guiana                             | Oceania and Antarctica       |
| China, People's Republic of     | French Polynesia                          | Oman                         |
| Samoa                           | Gabon                                     | Pakistan                     |
| India                           | Gambia                                    | Palau                        |
| Cook Islands                    | Gaza Strip/Palestine/West Bank            | Panama                       |
| Tonga                           | Georgia                                   | Papua New Guinea             |
| England                         | Germany                                   | Paraguay                     |
| Philippines                     | Ghana                                     | Peru                         |
| Korea                           | Gibraltar                                 | Pitcairn Island              |
| Wales                           | Greece                                    | Poland                       |
| Scotland                        | Greenland                                 | Polynesia (excludes Hawaii)  |
| Ireland                         | Grenada                                   | Portugal                     |
| South Africa                    | Guadeloupe                                | Puerto Rico                  |
| Netherlands                     | Guam                                      | Qatar                        |
| Australia                       | Guatemala                                 | Reunion                      |
| Niue                            | Guinea                                    | Romania                      |
| Afghanistan                     | Guinea-Bissau                             | Russia                       |
| Albania                         | Guyana                                    | Rwanda                       |
| Algeria                         | Haiti                                     | Samoa, American              |
| Andorra                         | Honduras                                  | San Marino                   |
| Angola                          | Hong Kong (Special Administrative Region) | Sao Tome and Principe        |
| Anguilla                        | Hungary                                   | Saudi Arabia                 |
| Antarctica                      | Iceland                                   | Senegal                      |
| Antigua and Barbuda             | Indonesia                                 | Serbia                       |
| Argentina                       | Iran                                      | Seychelles                   |
| Armenia                         | Iraq                                      | Sierra Leone                 |
| Aruba                           | Isle of Man                               | Singapore                    |
| Australian External Territories | Israel                                    | Slovakia                     |
| Austria                         | Italy                                     | Slovenia                     |
| Azerbaijan                      | Jamaica                                   | Solomon Islands              |
| Bahamas                         | Japan                                     | Somalia                      |
| Bahrain                         | Jordan                                    | South America                |
| Bangladesh                      | Kazakhstan                                | South Eastern Europe         |
| Barbados                        | Kenya                                     | South Sudan                  |
| Belarus                         | Kiribati                                  | South-East Asia              |
| Belgium                         | Kosovo                                    | Southern and Central Asia    |
| Belize                          | Kuwait                                    | Southern and East Africa     |
| Benin                           | Kyrgyzstan                                | Southern and East Africa nec |
| Bermuda                         | Laos                                      | Southern and Eastern Europe  |

|                                       |                                       |                               |
|---------------------------------------|---------------------------------------|-------------------------------|
| Bhutan                                | Latvia                                | Southern Asia                 |
| Bolivia                               | Lebanon                               | Southern Europe               |
| Bosnia and Herzegovina                | Lesotho                               | Spain                         |
| Botswana                              | Liberia                               | Spanish North Africa          |
| Brazil                                | Libya                                 | Sri Lanka                     |
| Brunei Darussalam                     | Liechtenstein                         | St Helena                     |
| Bulgaria                              | Lithuania                             | St Kitts and Nevis            |
| Burkina Faso                          | Luxembourg                            | St Lucia                      |
| Burundi                               | Macau (Special Administrative Region) | St Maarten (Dutch Part)       |
| Cabo Verde                            | Madagascar                            | St Pierre and Miquelon        |
| Cambodia                              | Mainland South-East Asia              | St Vincent and the Grenadines |
| Cameroon                              | Malawi                                | Sub-Saharan Africa            |
| Canada                                | Malaysia                              | Sudan                         |
| Caribbean                             | Maldives                              | Suriname                      |
| Cayman Islands                        | Mali                                  | Sweden                        |
| Central African Republic              | Malta                                 | Switzerland                   |
| Central America                       | Maritime South-East Asia              | Syria                         |
| Central and West Africa               | Marshall Islands                      | Taiwan                        |
| Central Asia                          | Martinique                            | Tajikistan                    |
| Chad                                  | Mauritania                            | Tanzania                      |
| Channel Islands                       | Mauritius                             | Thailand                      |
| Chile                                 | Mayotte                               | The Americas                  |
| Colombia                              | Melanesia                             | Timor-Leste                   |
| Comoros                               | Mexico                                | Togo                          |
| Congo                                 | Micronesia, Federated States of       | Tokelau                       |
| Congo, the Democratic Republic of the | Middle East                           | Trinidad and Tobago           |
| Costa Rica                            | Moldova                               | Tunisia                       |
| Côte d'Ivoire                         | Monaco                                | Turkey                        |
| Croatia                               | Mongolia                              | Turkmenistan                  |
| Cuba                                  | Montenegro                            | Turks and Caicos Islands      |
| Curacao                               | Montserrat                            | Tuvalu                        |
| Cyprus                                | Morocco                               | Uganda                        |
| Czechia                               | Mozambique                            | Ukraine                       |
| Denmark                               | Myanmar                               | United Arab Emirates          |
| Djibouti                              | Namibia                               | United Kingdom                |
| Dominica                              | Nauru                                 | United States of America      |
| Dominican Republic                    | Nepal                                 | Uruguay                       |
| Eastern Europe                        | New Caledonia                         | Uzbekistan                    |
| Ecuador                               | Nicaragua                             | Vanuatu                       |
| Egypt                                 | Niger                                 | Vatican City State            |
| El Salvador                           | Nigeria                               | Venezuela                     |
| Equatorial Guinea                     | Norfolk Island                        | Viet Nam                      |
| Eritrea                               | North Africa                          | Virgin Islands, British       |
| Estonia                               | North Africa and the Middle East      | Virgin Islands, United States |
| Eswatini                              | North-East Asia                       | Wallis and Futuna             |
| Ethiopia                              | Northern America                      | Western Europe                |

Falkland Islands

Faroe Islands

Fiji

Finland

Former Yugoslav Republic of Macedonia  
(FYROM)

Northern Europe

Northern Ireland

Northern Mariana Islands

North-West Europe

Western Sahara

Yemen

Zambia

Zimbabwe

Youth19

## Appendix D – Ethnicity choices

Enth1: Which ethnic group do you belong to?

|                                |                       |                      |
|--------------------------------|-----------------------|----------------------|
| I don't know                   | Danish                | New Caledonian       |
| New Zealand European or Pākehā | Ecuadorian            | Ni Vanuatu           |
| New Zealand Māori              | Egyptian              | Nigerian             |
| Chinese                        | Eritrean              | Norwegian            |
| Samoaan                        | Estonian              | Other Ethnicity      |
| Indian                         | Ethiopian             | Other South African  |
| Cook Islands Māori             | Eurasian              | Other Zimbabwean     |
| Tongan                         | European              | Pacific Peoples      |
| English                        | Fijian                | Pakistani            |
| Filipino                       | Fijian Indian         | Palestinian          |
| Korean                         | Finnish               | Papua New Guinean    |
| British                        | Flemish               | Peruvian             |
| South African European         | French                | Pitcairn Islander    |
| Dutch                          | German                | Polish               |
| Australian                     | Ghanaian              | Portuguese           |
| Niuean                         | Greek                 | Puerto Rican         |
| Afghani                        | Gypsy                 | Punjabi              |
| African American               | Hawaiian              | Romanian             |
| African                        | Hong Kong Chinese     | Rotuman              |
| Afrikaner                      | Hungarian             | Russian              |
| Albanian                       | Icelandic             | Scottish             |
| Algerian                       | Indian Tamil          | Serbian              |
| American                       | Indigenous American   | Seychellois          |
| Anglo Indian                   | Indigenous Australian | Sikh                 |
| Arab                           | Indonesian            | Singaporean Chinese  |
| Argentinian                    | Iranian/Persian       | Sinhalese            |
| Armenian                       | Iraqi                 | Slavic               |
| Asian                          | Irish                 | Slovak               |
| Assyrian                       | Israeli/Jewish        | Slovenian            |
| Austrian                       | Italian               | Solomon Islander     |
| Bangladeshi                    | Jamaican              | Somali               |
| Belgian                        | Japanese              | South African Indian |
| Belorussian                    | Jordanian             | South Slav           |
| Bengali                        | Karen                 | Southeast Asian      |
| Bhutanese                      | Kenyan                | Spanish              |
| Bolivian                       | Kiribati              | Sri Lankan           |
| Bosnian                        | Kurd                  | Sri Lankan Tamil     |
| Brazilian                      | Lao                   | Sudanese             |
| Bulgarian                      | Latin American        | Swedish              |
| Burmese                        | Latvian               | Swiss                |
| Burundian                      | Lebanese              | Syrian               |

|                   |                   |                     |
|-------------------|-------------------|---------------------|
| Cambodian         | Lithuanian        | Tahitian            |
| Cambodian Chinese | Macedonian        | Taiwanese           |
| Canadian          | Malay             | Thai                |
| Caribbean         | Malaysian Chinese | Tibetan             |
| Celtic            | Malaysian Indian  | Tokelauan           |
| Channel Islander  | Maldivian         | Turkish             |
| Chilean           | Maltese           | Tuvaluan            |
| Chin              | Manx              | Ukrainian           |
| Colombian         | Mauritian         | Uruguayan           |
| Congolese         | Mexican           | Venezuelan          |
| Cornish           | Middle Eastern    | Vietnamese          |
| Croatian          | Mongolian         | Vietnamese Chinese  |
| Cypriot           | Moroccan          | Welsh               |
| Czech             | Nauruan           | Zambian             |
| Dalmatian         | Nepalese          | Zimbabwean European |

Youth19

## Appendix E – Iwi choices

Māori20: What are your iwi?

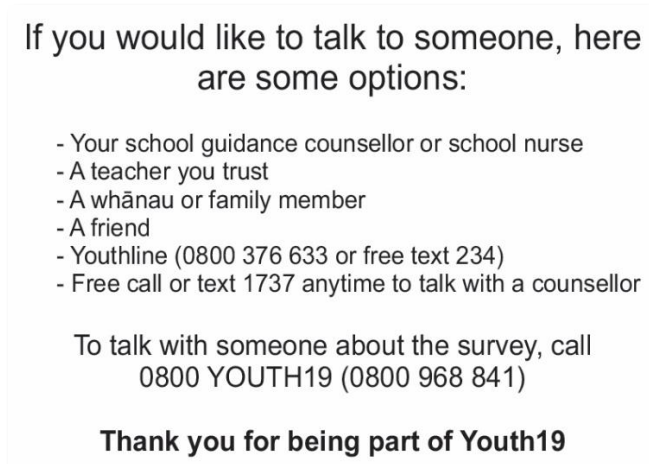
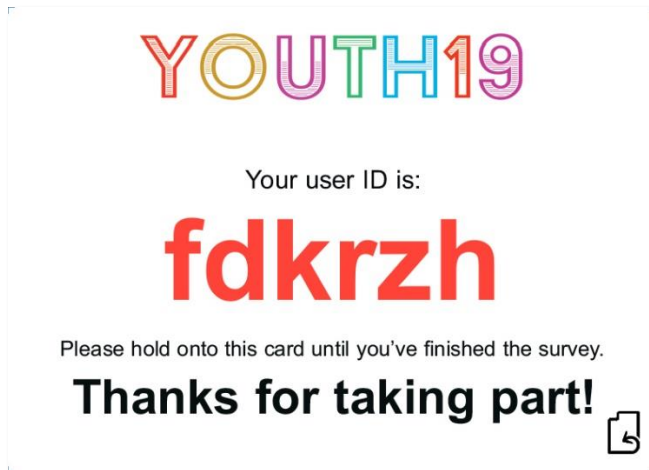
|  |   |  |
|--|---|--|
| I Don't Know                                   | Uenuku-Kōpako (Te Arawa)                          | Tangāhōe   |
| Other  | Waitaha (Te Arawa)                                | Pakakohi   |
| Te Aupōuri                                     | Ngāti Whakaue (Te Arawa)                          | Ngāti Apa (Rangitikei)   |
| Ngāti Kahu                                     | Ngāti Tūwharetoa (ki Taupō)                       | Te Ati Haunui-a-Pāpārangī  |
| Ngāti Kurī                                     | Ngāti Tahu-Ngāti Whāoa (Te Arawa)                 | Ngāti Haua (Taumarunui)  |
| Ngāpuhi  | Ngāti Mākino                                      | Ngāti Hauti (Rangitikei)   |
| Ngāpuhi ki Whaingaroa-Ngāti Kahu ki Whaingaroa | Ngāti Kēaroa / Ngāti Tuarā                        | Ngāti Whitikaupeka (Rangitikei)                                  |
| Te Rarawa                                      | Ngāti Rongomai (Te Arawa)                         | Ngāi Te Ohuake (Rangitikei)                                      |
| Ngāi Takoto                                    | Ngāti Pūkenga                                     | Ngāti Tamakōpiri (Rangitikei)                                    |
| Ngāti Wai                                      | Ngāi Te Rangi                                     | Ngāti Rangi (Ruapehu, Whanganui)                                 |
| Ngāti Whātua (not Ōrākei or Kaipara)           | Ngāti Ranginui                                    | Uenuku (Ruapehu, Waimarino)                                      |
| Te Kawerau ā Maki                              | Ngāti Awa   | Tamahaki (Ruapehu, Waimarino)                                    |
| Te Uri-o-Hau                                   | Ngāti Manawa                                      | Tamakana (Ruapehu, Waimarino)                                    |
| Te Roroa                                       | Ngāi Tai (Tauranga Moana/Mātaatua)                | Te Atiawa (Te Whanganui-a-Tara/Wellington)                       |
| Ngāti Whātua o Kaipara                         | Tūhoe   | Muaūpoko   |
| Ngāti Whātua o Ōrākei                          | Whakatōhea  | Rangitāne (Manawatū)   |
| Ngāi Tai ki Tāmaki                             | Te Whānau-ā-Apanui                                | Ngāti Raukawa (Horowhenua/Manawatū)                              |
| Ngāti Hine (Te Tai Tokerau)                    | Ngāti Whare                                       | Ngāti Toarangatira (Te Whanganui-a-Tara/Wellington)              |
| Te Paatu                                       | Ngā Pōtiki ā Tāmāpohore                           | Te Atiawa ki Whakarangotai                                       |
| Ngāti Manuhiri                                 | Te Upokorehe                                      | Ngāti Tama ki Te Upoko o Te Ika (Te Whanganui-a-Tara/Wellington) |
| Ngāti Rēhua                                    | Ngāti Tūwharetoa ki Kawerau                       | Ngāti Kauwhata   |
| Ngāti Hako                                     | Ngāti Porou                                       | Ngāti Tukorehe   |
| Ngāti Hei                                      | Te Aitanga-a-Māhaki                               | Te Atiawa (Te Waipounamu/South Island)                           |
| Ngāti Maru (Hauraki)                           | Rongowhakaata                                     | Ngāti Koata  |
| Ngāti Paoa                                     | Ngāi Tāmanuhiri                                   | Ngāti Kuia   |
| Patukirikiri                                   | Te Aitanga ā Hauiti                               | Kāti Māmoe   |
| Ngāti Porou ki Harataunga ki Mataora           | Rongomaiwahine (Te Māhia)                         | Moriōri  |
| Ngāti Pūkenga ki Waiau                         | Ngāti Kahungunu ki Te Wairoa                      | Ngāti Mutunga (Wharekauri/Chatham Islands)                       |
| Ngāti Rāhiri Tumutumu                          | Ngāti Kahungunu ki Heretaunga                     | Rangitāne (Te Waipounamu/South Island)                           |
| Ngāti Tamaterā                                 | Ngāti Kahungunu ki Wairarapa                      | Ngāti Rārua  |
| Ngāti Tara Tokanui                             | Rangitāne (Te Matau-a-Māui/Hawke's Bay/Wairarapa) | Ngāi Tahu / Kāi Tahu   |
| Ngāti Whanaunga                                | Ngāti Kahungunu ki Te Whanganui-a-Orotu           | Ngāti Tama (Te Waipounamu/South Island)                          |
| Ngāti Haua (Waikato)                           | Ngāti Kahungunu ki Tamatea                        | Ngāti Toarangatira (Te Waipounamu/South Island)                  |
| Ngāti Maniapoto                                | Ngāti Kahungunu ki Tamakinui a Rua                | Waitaha (Te Waipounamu/South Island)                             |
| Raukawa (Waikato)                              | Ngāti Pāhauwera                                   | Ngāti Apa ki Te Rā Tō  |
| Waikato  | Ngāti Rākaipaaka                                  | Te Atiawa, region not known                                      |
| Ngāti Te Ata                                   | Ngāti Hineuru                                     | Ngāti Haua, region not known                                     |
| Ngāti Hikairo                                  | Maungaharuru Tangitū                              | Ngāti Maru, region not known                                     |

|                                |                               |                                      |
|--------------------------------|-------------------------------|--------------------------------------|
| Rereahu                        | Rangitāne o Tamaki nui ā Rua  | Ngāti Mutunga, region not known      |
| Ngāti Tiipa                    | Ngāti Ruapani ki Waikaremoana | Rangitāne, region not known          |
| Ngāti Korokī Kahukura          | Te Hika o Pāpāuma             | Ngāti Raukawa, region not known      |
| Ngāti Tamaoho                  | Te Atiawa (Taranaki)          | Ngāti Tama, region not known         |
| Te Ākitai-Waiohua              | Ngāti Maru (Taranaki)         | Ngāti Toa, region not known          |
| Ngāti Pīkiao (Te Arawa)        | Ngāti Mutunga (Taranaki)      | Waitaha, region not known            |
| Ngāti Rangiteaorere (Te Arawa) | Ngā Rauru                     | Ngāti Apa, region not known          |
| Ngāti Rangitīhi (Te Arawa)     | Ngā Ruahine                   | Ngāi Tai, region not known           |
| Ngāti Rangiwewehi (Te Arawa)   | Ngāti Ruanui                  | Ngāti Kahungunu, region not known    |
| Tapuika (Te Arawa)             | Ngāti Tama (Taranaki)         | Ngāti Tūwharetoa, region not known   |
| Ngāti Tarāwhai (Te Arawa)      | Taranaki                      | Hapū affiliated to more than one iwi |
| Tūhourangi (Te Arawa)          |                               |                                      |

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## Appendix F – Survey access card with help information



## How can I find out more?

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